1  
00:00:02,520 --> 00:00:04,760  
好，各位师友同仁  
  
2  
00:00:05,800 --> 00:00:06,760  
特别开心啊  
  
3  
00:00:06,840 --> 00:00:09,600  
继续咱们金匮要略的交流学习  
  
4  
00:00:10,770 --> 00:00:11,810  
咱们今天的课呢  
  
5  
00:00:11,930 --> 00:00:15,350  
依然是就之前水气病啊  
  
6  
00:00:15,350 --> 00:00:17,350  
那么这一篇的内涵  
  
7  
00:00:17,710 --> 00:00:19,870  
那么继续往后延伸  
  
8  
00:00:20,990 --> 00:00:22,590  
呃，在上堂课的时候呢  
  
9  
00:00:22,630 --> 00:00:25,990  
那么我们讲了五脏水啊  
  
10  
00:00:26,030 --> 00:00:29,460  
它的不同的病状啊  
  
11  
00:00:29,580 --> 00:00:31,180  
特点，呃  
  
12  
00:00:31,820 --> 00:00:32,860  
接着往后啊  
  
13  
00:00:32,940 --> 00:00:35,420  
那么后面呢，有一个这么一个条纹  
  
14  
00:00:35,900 --> 00:00:36,100  
呃  
  
15  
00:00:36,140 --> 00:00:37,540  
版本和版本不一样啊  
  
16  
00:00:37,860 --> 00:00:40,340  
那么有的版本你像这梅花本里头呢  
  
17  
00:00:40,340 --> 00:00:41,300  
它就是没有的  
  
18  
00:00:42,620 --> 00:00:43,060  
问曰  
  
19  
00:00:44,710 --> 00:00:47,950  
并有血分，水分和也啊  
  
20  
00:00:49,400 --> 00:00:50,920  
呃，那么这个名词呢  
  
21  
00:00:51,800 --> 00:00:54,640  
在后世中医的时候也每每出现啊  
  
22  
00:00:54,720 --> 00:00:55,560  
什么叫血奋  
  
23  
00:00:55,560 --> 00:00:56,400  
什么叫水分  
  
24  
00:00:57,250 --> 00:00:57,450  
呃  
  
25  
00:00:57,850 --> 00:00:58,690  
这个粪啊  
  
26  
00:00:58,930 --> 00:01:00,290  
就是分别的分，对吧  
  
27  
00:01:00,530 --> 00:01:02,120  
那么粪，呃  
  
28  
00:01:02,360 --> 00:01:06,000  
我们可以简单的理解叫分界啊，就是分界  
  
29  
00:01:06,520 --> 00:01:08,400  
那么血和水就什么意思呢  
  
30  
00:01:09,040 --> 00:01:10,520  
呃，到底是归血  
  
31  
00:01:11,300 --> 00:01:15,500  
咱们今天都讲究这个这个这个责权分明嘛，对吧  
  
32  
00:01:16,110 --> 00:01:20,430  
这个这个问题是归雪分负责还是归水分负责呢  
  
33  
00:01:20,470 --> 00:01:22,640  
他讲的是这个道理啊  
  
34  
00:01:22,760 --> 00:01:23,760  
有血分，水分  
  
35  
00:01:23,760 --> 00:01:25,480  
荷叶失约啊  
  
36  
00:01:25,480 --> 00:01:26,320  
然后就回答了  
  
37  
00:01:27,590 --> 00:01:32,230  
经水前断后病水名曰血粉  
  
38  
00:01:32,900 --> 00:01:33,660  
什么意思呢  
  
39  
00:01:33,860 --> 00:01:36,220  
那么经水当然就是女子之月信啊  
  
40  
00:01:36,260 --> 00:01:36,660  
月经  
  
41  
00:01:37,380 --> 00:01:42,480  
月经中断之后出现了水肿之病或者是水气之病啊  
  
42  
00:01:42,920 --> 00:01:43,640  
那么这个呢  
  
43  
00:01:44,160 --> 00:01:46,360  
他的名曰血分  
  
44  
00:01:47,410 --> 00:01:48,530  
此病难治  
  
45  
00:01:49,090 --> 00:01:50,890  
那么后头有一个相对啊  
  
46  
00:01:50,890 --> 00:01:52,410  
后头相对又说了一个问题  
  
47  
00:01:52,890 --> 00:01:54,730  
先病水，一开始周身水肿  
  
48  
00:01:55,660 --> 00:01:58,460  
后头经水断之后例假来着来着  
  
49  
00:01:58,580 --> 00:02:00,900  
一、水肿之后立架突然断了啊  
  
50  
00:02:00,980 --> 00:02:05,590  
那么这个呢，名曰水分奇病易治啊  
  
51  
00:02:05,990 --> 00:02:07,870  
那么有这个对账之后呢  
  
52  
00:02:07,870 --> 00:02:10,430  
我认为问题就比较简单啊  
  
53  
00:02:10,430 --> 00:02:12,430  
比较明晰了，什么问题呢  
  
54  
00:02:13,220 --> 00:02:14,780  
那么就是嗯  
  
55  
00:02:15,740 --> 00:02:19,520  
先断经水，后先断月经啊  
  
56  
00:02:20,080 --> 00:02:20,880  
后病水者  
  
57  
00:02:21,280 --> 00:02:23,400  
那么以谁为先机呢  
  
58  
00:02:25,050 --> 00:02:27,050  
那么就是以金水为献祭  
  
59  
00:02:27,930 --> 00:02:30,090  
换句话说就是病根啊，病因  
  
60  
00:02:30,170 --> 00:02:32,770  
咱们这个是是是讲找这个病因的问题  
  
61  
00:02:33,360 --> 00:02:38,120  
呃，那么这种病在血分肯定就会更难治啊  
  
62  
00:02:38,560 --> 00:02:41,080  
因为血分的问题比水的问题要复杂  
  
63  
00:02:41,530 --> 00:02:42,650  
这个大家能明白吧  
  
64  
00:02:42,890 --> 00:02:43,090  
哎  
  
65  
00:02:43,090 --> 00:02:45,810  
人体水的代谢和血液的代谢啊  
  
66  
00:02:45,810 --> 00:02:48,930  
那么血液的这个输机它要更复杂一些啊  
  
67  
00:02:50,320 --> 00:02:53,800  
由血液病变造成的水肿难治  
  
68  
00:02:54,240 --> 00:02:58,120  
但是由于水肿造成的，这个月经中止呢  
  
69  
00:02:58,760 --> 00:03:01,480  
这个相对来说就好治啊  
  
70  
00:03:01,520 --> 00:03:05,300  
那么这个里头其实给我们一个一个概念啊  
  
71  
00:03:05,900 --> 00:03:07,260  
呃，那么  
  
72  
00:03:10,040 --> 00:03:11,760  
我们在临证的时候  
  
73  
00:03:11,840 --> 00:03:15,960  
大家要注意到的一个点就是，疾病啊  
  
74  
00:03:16,480 --> 00:03:21,710  
它在发展之中的一个原原原点啊  
  
75  
00:03:21,710 --> 00:03:22,950  
就是这个病从哪来  
  
76  
00:03:23,390 --> 00:03:24,430  
我们讲就是，呃  
  
77  
00:03:24,710 --> 00:03:26,790  
好几种说法叫先机  
  
78  
00:03:27,940 --> 00:03:30,630  
叫治未病啊  
  
79  
00:03:30,710 --> 00:03:32,870  
那么现在还有一个说法叫原始点  
  
80  
00:03:32,950 --> 00:03:35,270  
是不是就是这病的起因在哪  
  
81  
00:03:35,710 --> 00:03:38,040  
那么这个呃，逻辑性啊  
  
82  
00:03:38,400 --> 00:03:39,560  
那么很多时候呢  
  
83  
00:03:39,980 --> 00:03:41,220  
呃，它是很重要的  
  
84  
00:03:41,700 --> 00:03:45,220  
这个用我常说的一句话就叫来龙去脉  
  
85  
00:03:45,580 --> 00:03:47,510  
这病从哪儿来啊  
  
86  
00:03:47,830 --> 00:03:48,670  
这病从哪来  
  
87  
00:03:49,070 --> 00:03:51,590  
那么有很多复杂疾病，可能它的原始点  
  
88  
00:03:52,530 --> 00:03:55,210  
你当你抛开之后，你发现它非常简单  
  
89  
00:03:55,730 --> 00:03:57,210  
简单之后你把它解决了  
  
90  
00:03:57,550 --> 00:03:59,430  
可能一个貌似难治的  
  
91  
00:03:59,630 --> 00:04:02,830  
也就是从你治已病层面不好解决的问题  
  
92  
00:04:03,150 --> 00:04:05,790  
你从治未病层面就变简单了  
  
93  
00:04:06,750 --> 00:04:07,590  
就变简单了  
  
94  
00:04:07,590 --> 00:04:09,390  
就可能迎刃而解啊  
  
95  
00:04:11,170 --> 00:04:14,970  
那么这个额后头就不再赘述啊  
  
96  
00:04:16,390 --> 00:04:18,630  
总之他这给我们一个智慧，呃  
  
97  
00:04:18,950 --> 00:04:19,589  
查先机  
  
98  
00:04:19,790 --> 00:04:23,270  
看看到底是先是月经出问题还是先水肿，对吧  
  
99  
00:04:23,510 --> 00:04:24,830  
那有可能呃  
  
100  
00:04:26,250 --> 00:04:28,250  
问题啊，都摆在你面前啊  
  
101  
00:04:28,250 --> 00:04:30,930  
有的时候治病，我们说乱不好治  
  
102  
00:04:31,400 --> 00:04:31,600  
呃  
  
103  
00:04:31,760 --> 00:04:34,600  
兵法云纷纷云云出乱而不可乱也  
  
104  
00:04:35,000 --> 00:04:39,130  
那么我们看见的现象和情况都是这一堆事儿  
  
105  
00:04:39,570 --> 00:04:41,090  
但是你能不能把它理顺  
  
106  
00:04:42,020 --> 00:04:43,380  
也就是它的排列顺序  
  
107  
00:04:43,380 --> 00:04:45,900  
有的时候是决定决定这个问题的  
  
108  
00:04:46,060 --> 00:04:46,780  
打一个比方  
  
109  
00:04:47,300 --> 00:04:50,620  
就像这个，我们讲这个这个铅笔  
  
110  
00:04:52,230 --> 00:04:52,590  
对吧  
  
111  
00:04:53,630 --> 00:04:54,270  
和钻石  
  
112  
00:04:55,510 --> 00:04:59,570  
他的它的本质啊，都是碳  
  
113  
00:05:01,170 --> 00:05:02,810  
但是排列顺序变化了  
  
114  
00:05:03,470 --> 00:05:04,630  
那么一个变成了铅笔  
  
115  
00:05:04,670 --> 00:05:05,550  
一个变成了钻石  
  
116  
00:05:06,350 --> 00:05:07,710  
它俩的价值就不一样了  
  
117  
00:05:08,320 --> 00:05:09,760  
那么同样一个道理啊  
  
118  
00:05:09,800 --> 00:05:11,080  
排列次序啊  
  
119  
00:05:11,280 --> 00:05:13,210  
这个不要轻视，呃  
  
120  
00:05:13,210 --> 00:05:14,010  
但这个条文呢  
  
121  
00:05:14,010 --> 00:05:16,010  
在梅花本之中是没有的啊  
  
122  
00:05:16,730 --> 00:05:18,170  
呃，我们接着往下看  
  
123  
00:05:19,650 --> 00:05:20,090  
问曰  
  
124  
00:05:21,780 --> 00:05:24,860  
病者苦水，咱们知道这个苦呢  
  
125  
00:05:25,820 --> 00:05:26,860  
它代表的是什么呀  
  
126  
00:05:27,940 --> 00:05:30,530  
就是痛苦于对吧  
  
127  
00:05:30,730 --> 00:05:34,970  
或者叫苦痛于就是苦于苦于什么水  
  
128  
00:05:36,250 --> 00:05:38,370  
那么后面呢，是对前文的一个解释  
  
129  
00:05:38,370 --> 00:05:39,770  
就是怎么苦于水呢  
  
130  
00:05:40,490 --> 00:05:43,740  
他是晕水啊，还是看见水害怕呀  
  
131  
00:05:43,740 --> 00:05:44,620  
都不是啊  
  
132  
00:05:44,740 --> 00:05:45,420  
他是什么  
  
133  
00:05:45,900 --> 00:05:47,660  
后面说了这么几个字  
  
134  
00:05:48,600 --> 00:05:50,960  
面目身体四肢皆肿  
  
135  
00:05:51,120 --> 00:05:52,080  
小便不利  
  
136  
00:05:54,760 --> 00:05:57,520  
那么这个啊，就是古人行文的一个习惯  
  
137  
00:05:57,840 --> 00:06:01,240  
他告诉你他因为水而痛苦，对吧  
  
138  
00:06:01,900 --> 00:06:05,220  
那么这个水表现为什么是面目啊  
  
139  
00:06:05,220 --> 00:06:08,490  
首先就是脸眼睛啊  
  
140  
00:06:09,290 --> 00:06:12,010  
就像我们之前讲的，墓上有卧蚕啊  
  
141  
00:06:12,860 --> 00:06:14,140  
那么面目仙泽  
  
142  
00:06:14,300 --> 00:06:19,360  
那么整个面目身体包括四肢都肿起来了  
  
143  
00:06:20,040 --> 00:06:20,920  
与此同时呢  
  
144  
00:06:21,560 --> 00:06:23,520  
小便不通啊  
  
145  
00:06:23,520 --> 00:06:24,840  
小便不通，呃  
  
146  
00:06:24,880 --> 00:06:25,560  
小便通利  
  
147  
00:06:25,560 --> 00:06:26,680  
那不是水就没了吗  
  
148  
00:06:27,080 --> 00:06:28,280  
它不通，没有去路  
  
149  
00:06:29,960 --> 00:06:30,440  
麦汁  
  
150  
00:06:31,240 --> 00:06:32,360  
结果你给患者你看  
  
151  
00:06:32,360 --> 00:06:33,720  
患者都肿成这样了哈  
  
152  
00:06:34,650 --> 00:06:35,450  
你就想啊  
  
153  
00:06:35,450 --> 00:06:36,010  
说说说  
  
154  
00:06:36,010 --> 00:06:38,770  
那患者肯定是因为这个水的问题极其痛苦，对吧  
  
155  
00:06:39,290 --> 00:06:41,420  
结果你一聊一摸脉  
  
156  
00:06:42,020 --> 00:06:43,740  
这个脉指的是枕喉，对吧  
  
157  
00:06:44,360 --> 00:06:44,560  
诶  
  
158  
00:06:44,640 --> 00:06:48,800  
诊喉之后发现患者的主诉居然都肿成这样了  
  
159  
00:06:48,800 --> 00:06:49,680  
他居然不着急  
  
160  
00:06:50,200 --> 00:06:50,760  
他说，大夫  
  
161  
00:06:50,760 --> 00:06:52,480  
我这个都没没关系啊  
  
162  
00:06:52,920 --> 00:06:53,720  
不是主要问题  
  
163  
00:06:53,720 --> 00:06:55,440  
主要问题，我现在哪儿难受啊  
  
164  
00:06:55,640 --> 00:06:56,400  
叫反炎  
  
165  
00:06:56,600 --> 00:06:59,040  
反炎就是说他反而对吧  
  
166  
00:06:59,680 --> 00:07:01,240  
现在言说我胸口疼  
  
167  
00:07:02,250 --> 00:07:03,730  
这个大夫你先给我解决了  
  
168  
00:07:04,250 --> 00:07:06,810  
说，那你都肿成米其林了是吧  
  
169  
00:07:06,810 --> 00:07:08,930  
那那我先给你松一下吧  
  
170  
00:07:08,930 --> 00:07:09,650  
说这也没关系  
  
171  
00:07:09,650 --> 00:07:10,210  
大夫啊  
  
172  
00:07:11,010 --> 00:07:11,210  
嗯  
  
173  
00:07:11,250 --> 00:07:11,570  
大夫  
  
174  
00:07:11,570 --> 00:07:17,040  
您手下一定要就是这烦劳您这个慈悲啊  
  
175  
00:07:17,040 --> 00:07:19,040  
但但是你先给我解决胸口这个问题  
  
176  
00:07:19,440 --> 00:07:21,800  
我什么米其林或者是大白都行啊  
  
177  
00:07:22,080 --> 00:07:23,890  
不难受就胸口疼  
  
178  
00:07:24,130 --> 00:07:25,050  
这是当务之急  
  
179  
00:07:25,050 --> 00:07:28,530  
那么说这个东西我们讲叫邪不空见，终必有奸是吧  
  
180  
00:07:28,530 --> 00:07:29,890  
他里里头一定有事啊  
  
181  
00:07:29,890 --> 00:07:30,570  
有什么事  
  
182  
00:07:31,700 --> 00:07:32,420  
那么他说了  
  
183  
00:07:33,460 --> 00:07:33,740  
呃  
  
184  
00:07:34,590 --> 00:07:37,550  
气上冲咽，壮如炙肉  
  
185  
00:07:37,670 --> 00:07:39,070  
就是有一股气儿啊  
  
186  
00:07:39,630 --> 00:07:42,670  
那么从胸口疼痛往咽喉上冲  
  
187  
00:07:43,300 --> 00:07:45,620  
就好像一块肉堵在这儿是不是啊  
  
188  
00:07:45,700 --> 00:07:49,250  
状如炙肉，当微咳喘啊  
  
189  
00:07:50,530 --> 00:07:52,090  
那咱们就在想这个事儿  
  
190  
00:07:52,530 --> 00:07:52,730  
呃  
  
191  
00:07:52,930 --> 00:07:57,920  
这一个信息里头，咱们能看出好多事啊  
  
192  
00:07:58,120 --> 00:07:58,840  
先联想啊  
  
193  
00:07:58,840 --> 00:07:59,760  
我们发散思维  
  
194  
00:08:00,000 --> 00:08:01,280  
因为我们也不知道它是啥事  
  
195  
00:08:01,280 --> 00:08:05,240  
是不是你先联想，那么胸中痛有很多胸中痛的案例  
  
196  
00:08:05,840 --> 00:08:08,640  
你比方说栀子豉类方是吧  
  
197  
00:08:09,000 --> 00:08:09,200  
哎  
  
198  
00:08:09,280 --> 00:08:11,200  
所谓的呃，心中懊恼  
  
199  
00:08:11,440 --> 00:08:12,950  
心中结痛啊  
  
200  
00:08:13,070 --> 00:08:14,790  
烦热，胸中炙那么稚子尺  
  
201  
00:08:15,190 --> 00:08:16,390  
那么他有胸中的症  
  
202  
00:08:16,710 --> 00:08:17,630  
那是不是呢  
  
203  
00:08:18,110 --> 00:08:20,070  
你看底下又不像气上冲咽  
  
204  
00:08:20,550 --> 00:08:23,110  
那么我们说，伤寒论中气上中喉咽不得稀者  
  
205  
00:08:23,230 --> 00:08:24,870  
瓜地散主治  
  
206  
00:08:25,460 --> 00:08:26,660  
那么是不是刮地毯呢  
  
207  
00:08:26,860 --> 00:08:27,140  
哎  
  
208  
00:08:28,050 --> 00:08:29,930  
咽喉这块刮地彩是无形的  
  
209  
00:08:29,930 --> 00:08:33,730  
它就股有股气在这堵着气伤重喉咽不得稀者啊  
  
210  
00:08:35,000 --> 00:08:36,960  
这个如质肉质肉是什么样呢  
  
211  
00:08:37,679 --> 00:08:40,799  
富人篇杂病妇人咽中如有治卵  
  
212  
00:08:41,549 --> 00:08:43,230  
哎，又貌似是半夏厚朴汤  
  
213  
00:08:43,870 --> 00:08:46,350  
那都貌似又都不是  
  
214  
00:08:47,640 --> 00:08:48,920  
那么到底是啥  
  
215  
00:08:49,540 --> 00:08:50,300  
到底是啥  
  
216  
00:08:50,740 --> 00:08:52,820  
那么我们只能把它捋一下  
  
217  
00:08:52,820 --> 00:08:56,940  
你看，从胸口到咽喉这一条路往上走  
  
218  
00:08:57,420 --> 00:09:01,000  
咱们回忆起来，有一个线路跟它是吻合的  
  
219  
00:09:01,520 --> 00:09:01,720  
唉  
  
220  
00:09:01,720 --> 00:09:02,160  
很好  
  
221  
00:09:02,240 --> 00:09:03,910  
冲脉，就是冲脉  
  
222  
00:09:03,910 --> 00:09:04,190  
对吧  
  
223  
00:09:04,550 --> 00:09:07,150  
那么你看，所以这个我们刚才讲啊  
  
224  
00:09:07,900 --> 00:09:09,020  
我引用了这个兵法  
  
225  
00:09:09,020 --> 00:09:12,100  
中间一句话纷纷芸芸，他够乱了吧  
  
226  
00:09:12,500 --> 00:09:14,740  
你看哪个都像啊  
  
227  
00:09:15,890 --> 00:09:17,210  
楼着火了啊  
  
228  
00:09:17,370 --> 00:09:18,650  
肯定是有人放火的  
  
229  
00:09:19,050 --> 00:09:21,210  
你看谁都像罪犯是吧  
  
230  
00:09:21,530 --> 00:09:23,530  
瞅谁好像都都都跟这楼有仇  
  
231  
00:09:23,980 --> 00:09:25,540  
但是你这么捋是不行的啊  
  
232  
00:09:25,820 --> 00:09:29,570  
把这个东西的中间的利害，因果  
  
233  
00:09:30,130 --> 00:09:32,970  
也就是谁会涉及到具体利益啊  
  
234  
00:09:32,970 --> 00:09:34,090  
把这个东西捋清楚  
  
235  
00:09:34,250 --> 00:09:35,610  
那么线路自己就出来了  
  
236  
00:09:35,930 --> 00:09:39,310  
那么哪个问题会造成从咽喉到胸  
  
237  
00:09:39,310 --> 00:09:41,430  
一条线那么都排不下来  
  
238  
00:09:41,840 --> 00:09:42,800  
那么一定是冲脉  
  
239  
00:09:43,080 --> 00:09:45,120  
那么冲脉还有一个特异性症状  
  
240  
00:09:45,120 --> 00:09:47,240  
我们之前讲过冲脉为病之后  
  
241  
00:09:47,460 --> 00:09:49,580  
我们当时讲茯苓桂枝五味甘草汤  
  
242  
00:09:49,580 --> 00:09:50,100  
还记得吧  
  
243  
00:09:50,460 --> 00:09:52,060  
那么他一定会咳满  
  
244  
00:09:52,580 --> 00:09:53,540  
这人有没有咳嗽呢  
  
245  
00:09:53,540 --> 00:09:54,100  
往下看  
  
246  
00:09:55,460 --> 00:09:59,380  
当为什么咳喘冲脉无疑，看见了吧  
  
247  
00:10:00,260 --> 00:10:00,460  
哎  
  
248  
00:10:00,900 --> 00:10:02,780  
那么我们当然知道，冲脉呢  
  
249  
00:10:02,780 --> 00:10:03,900  
一圆而三奇  
  
250  
00:10:05,040 --> 00:10:07,000  
冲脉有源头，冲任督三脉  
  
251  
00:10:07,640 --> 00:10:07,880  
呃  
  
252  
00:10:08,080 --> 00:10:10,240  
实际上是从哪发端出来呢  
  
253  
00:10:10,640 --> 00:10:11,360  
从包公  
  
254  
00:10:12,350 --> 00:10:13,710  
从包公，大家还记得吧  
  
255  
00:10:14,230 --> 00:10:14,430  
哎  
  
256  
00:10:14,470 --> 00:10:18,070  
就像是我们说中华文化啊  
  
257  
00:10:18,190 --> 00:10:20,570  
自然三江之源头，哎  
  
258  
00:10:20,650 --> 00:10:21,490  
三江之源头  
  
259  
00:10:21,610 --> 00:10:22,050  
黄河  
  
260  
00:10:23,040 --> 00:10:25,120  
长江，还有雅鲁藏布江  
  
261  
00:10:25,160 --> 00:10:25,480  
对吧  
  
262  
00:10:25,720 --> 00:10:27,040  
都发源于一个地方  
  
263  
00:10:27,040 --> 00:10:28,080  
其实在那个上头吧  
  
264  
00:10:28,440 --> 00:10:29,760  
水系并不并不大  
  
265  
00:10:30,000 --> 00:10:31,040  
小河就那么宽  
  
266  
00:10:31,730 --> 00:10:31,930  
唉  
  
267  
00:10:32,010 --> 00:10:33,770  
然后国家还告诉你说不让采  
  
268  
00:10:33,850 --> 00:10:36,970  
怕采没了啊，这个这个水系的发源  
  
269  
00:10:37,890 --> 00:10:38,170  
呃  
  
270  
00:10:39,780 --> 00:10:41,900  
那么这个从这儿出来  
  
271  
00:10:42,580 --> 00:10:45,220  
由此你看底下讲这个  
  
272  
00:10:46,150 --> 00:10:48,350  
底下还有还有还有进一步的论述  
  
273  
00:10:48,790 --> 00:10:51,150  
沈如誓言其脉何类  
  
274  
00:10:51,190 --> 00:10:54,640  
那么就是我们状状，病状是这样的啊  
  
275  
00:10:55,240 --> 00:10:57,240  
那么他的色脉是什么样呢  
  
276  
00:10:57,960 --> 00:10:59,040  
告诉你了，诗曰  
  
277  
00:11:00,070 --> 00:11:01,470  
寸口脉沉而紧  
  
278  
00:11:02,390 --> 00:11:03,750  
那么辰锦代表啥呢  
  
279  
00:11:04,310 --> 00:11:04,870  
在这呢  
  
280  
00:11:05,030 --> 00:11:08,150  
且看先师自助自助怎么说呀  
  
281  
00:11:09,680 --> 00:11:12,560  
辰为水锦为寒，你就甭猜了啊  
  
282  
00:11:12,960 --> 00:11:13,800  
辰就是主水  
  
283  
00:11:13,920 --> 00:11:15,360  
锦就是寒，就是寒  
  
284  
00:11:15,360 --> 00:11:15,960  
水相团  
  
285  
00:11:16,040 --> 00:11:17,820  
两个并机，攒一块了  
  
286  
00:11:17,820 --> 00:11:18,340  
没错吧  
  
287  
00:11:19,460 --> 00:11:21,740  
那么相传之后怎么样了呢  
  
288  
00:11:22,220 --> 00:11:24,900  
结在官园还记得我讲的官窍吧  
  
289  
00:11:25,660 --> 00:11:29,840  
官是这个山海关的关窍呢  
  
290  
00:11:29,840 --> 00:11:34,410  
是这个这个孔窍的窍啊  
  
291  
00:11:35,170 --> 00:11:35,450  
嗯  
  
292  
00:11:36,930 --> 00:11:38,410  
前有三田，后有三关  
  
293  
00:11:38,570 --> 00:11:39,650  
前三三，后三三  
  
294  
00:11:40,010 --> 00:11:42,930  
那么官员是其中一个大官窍，对吧  
  
295  
00:11:43,330 --> 00:11:45,430  
哎，从这堵在这了  
  
296  
00:11:46,070 --> 00:11:47,030  
堵在这之后啊  
  
297  
00:11:47,030 --> 00:11:48,030  
就造成一个问题  
  
298  
00:11:48,070 --> 00:11:51,350  
那么既然冲任督三脉都由此发端  
  
299  
00:11:52,460 --> 00:11:54,060  
那么它就有不同的可能  
  
300  
00:11:54,100 --> 00:11:56,660  
比如说有可能督脉就受损  
  
301  
00:11:57,530 --> 00:12:01,850  
也有可能这个人脉呢，就受损啊  
  
302  
00:12:02,480 --> 00:12:03,520  
当然也有可能出卖  
  
303  
00:12:04,040 --> 00:12:05,320  
那么每到这个时候呢  
  
304  
00:12:05,320 --> 00:12:07,860  
总会有这个中医学者呀  
  
305  
00:12:08,020 --> 00:12:09,740  
那么可能有的时候就问我这个问题  
  
306  
00:12:10,300 --> 00:12:12,220  
哎，说那老师为啥督脉没事  
  
307  
00:12:12,970 --> 00:12:14,090  
为啥人脉没事  
  
308  
00:12:14,250 --> 00:12:15,770  
你看我一说我学生，笑了  
  
309  
00:12:16,250 --> 00:12:18,330  
那么这就是学者和医生的区别  
  
310  
00:12:18,570 --> 00:12:19,490  
大家明白了吧  
  
311  
00:12:19,850 --> 00:12:21,690  
我是教我教不了学者  
  
312  
00:12:21,730 --> 00:12:22,890  
我是教医生的  
  
313  
00:12:23,210 --> 00:12:25,010  
教医生的人，医生是干活的人  
  
314  
00:12:25,570 --> 00:12:28,570  
学者是负责思考的啊  
  
315  
00:12:28,810 --> 00:12:30,050  
学者是负责思考的  
  
316  
00:12:30,410 --> 00:12:32,010  
但这个呢，我我半玩笑  
  
317  
00:12:32,250 --> 00:12:34,730  
因为我早就跟你们说过，知和行必须合一  
  
318  
00:12:35,320 --> 00:12:38,000  
没有知行就是瞎行，南辕而北辙  
  
319  
00:12:38,360 --> 00:12:41,720  
但是没有形光，知欲之愈远啊  
  
320  
00:12:41,800 --> 00:12:43,440  
那就是你，你你压根就不成  
  
321  
00:12:43,680 --> 00:12:44,880  
所以按照我教学生  
  
322  
00:12:44,880 --> 00:12:48,250  
我教学生很很很很很很霸道啊  
  
323  
00:12:48,650 --> 00:12:50,770  
我教学生，我从来都给他们提倡一个道理  
  
324  
00:12:50,770 --> 00:12:51,530  
知行要合一  
  
325  
00:12:52,450 --> 00:12:53,810  
那么光行就够了  
  
326  
00:12:54,760 --> 00:12:56,560  
因为支很容易，行很难是吧  
  
327  
00:12:56,880 --> 00:12:57,560  
这么个道理  
  
328  
00:12:57,680 --> 00:12:59,800  
所以教大夫的时候我就会这么跟他讲  
  
329  
00:13:00,400 --> 00:13:00,600  
呃  
  
330  
00:13:01,000 --> 00:13:01,760  
这个东西啊  
  
331  
00:13:02,640 --> 00:13:04,260  
冲脉，督脉  
  
332  
00:13:04,260 --> 00:13:06,540  
任脉氏都发源于包公  
  
333  
00:13:06,980 --> 00:13:08,540  
但是有一个点啊  
  
334  
00:13:08,540 --> 00:13:09,340  
你要注意一个问题  
  
335  
00:13:09,460 --> 00:13:11,340  
在临证的时候，我们只看当下  
  
336  
00:13:12,340 --> 00:13:14,260  
理论是给你用的  
  
337  
00:13:15,210 --> 00:13:16,370  
理论是给你用的  
  
338  
00:13:16,890 --> 00:13:18,570  
而不是给你假设的  
  
339  
00:13:18,610 --> 00:13:22,290  
我打一个比方，就像是我们这个窗户啊  
  
340  
00:13:22,830 --> 00:13:24,630  
每一个螺丝都能拧下来  
  
341  
00:13:24,630 --> 00:13:25,790  
大家能明白这个道理吧  
  
342  
00:13:26,150 --> 00:13:27,350  
但是窗户坏了之后  
  
343  
00:13:27,470 --> 00:13:30,750  
真正修窗户的人用把每个螺丝都拆下来吗  
  
344  
00:13:31,470 --> 00:13:32,750  
我就为了修这个扳手  
  
345  
00:13:32,750 --> 00:13:33,750  
我不修这个轴承  
  
346  
00:13:34,110 --> 00:13:36,950  
然后修的人来说了说那我来修我  
  
347  
00:13:36,950 --> 00:13:38,830  
我所有螺丝我全全是活的  
  
348  
00:13:38,830 --> 00:13:39,710  
我都可以拧啊  
  
349  
00:13:40,360 --> 00:13:41,600  
大家明白啥意思了没有  
  
350  
00:13:41,840 --> 00:13:44,080  
我们真正临床解决问题只看当下  
  
351  
00:13:44,830 --> 00:13:48,030  
不要有太多的想法啊你，你想那么多没用  
  
352  
00:13:48,270 --> 00:13:49,790  
那么这个理论存不存在理论  
  
353  
00:13:49,790 --> 00:13:54,010  
当然存在，那个扳手你拆不拆它那个轴承都能转  
  
354  
00:13:54,450 --> 00:13:55,690  
大家明白啥意思了没有  
  
355  
00:13:56,160 --> 00:13:56,360  
哎  
  
356  
00:13:56,400 --> 00:13:58,920  
那么每一个结构都是客观存在的  
  
357  
00:13:58,920 --> 00:14:00,880  
但是它不出问题，你不用管它  
  
358  
00:14:01,370 --> 00:14:03,970  
我们的理论只是给你提供一个依据  
  
359  
00:14:03,970 --> 00:14:06,970  
就是出了问题之后你能把它跟他联系上  
  
360  
00:14:07,400 --> 00:14:10,560  
而不是要出了问题之后你把它产生必然联系  
  
361  
00:14:10,720 --> 00:14:13,240  
那样的话，难难难南辕北辙啊  
  
362  
00:14:14,570 --> 00:14:15,530  
那那样的话南辕北辙  
  
363  
00:14:15,530 --> 00:14:18,570  
那我就是那个那个我打一个不恰当的比方  
  
364  
00:14:18,770 --> 00:14:20,810  
那就好像手术那手术  
  
365  
00:14:20,890 --> 00:14:23,890  
那那按理说哪个脏器都可以摘样  
  
366  
00:14:24,490 --> 00:14:25,570  
那你做一个肝脏手术  
  
367  
00:14:25,570 --> 00:14:28,210  
你你为什么不把别的脏器都顺手都摘了呀  
  
368  
00:14:28,490 --> 00:14:29,530  
搞个活动呗，对吧  
  
369  
00:14:29,930 --> 00:14:32,300  
赠送一个，那那怎么没人要了呢  
  
370  
00:14:32,300 --> 00:14:33,540  
这时候都不傻了是吧  
  
371  
00:14:33,900 --> 00:14:34,820  
哎，都知道了  
  
372  
00:14:35,300 --> 00:14:37,820  
那为什么到中医上大伙又犯糊涂呢  
  
373  
00:14:38,180 --> 00:14:39,140  
那不一个道理吗  
  
374  
00:14:39,620 --> 00:14:40,620  
只看当下啊  
  
375  
00:14:40,620 --> 00:14:42,890  
就是当下，呃假设的东西啊  
  
376  
00:14:44,010 --> 00:14:46,890  
那空想的东西不不要所以在这儿啊  
  
377  
00:14:47,500 --> 00:14:49,380  
陈锦相团结在官员  
  
378  
00:14:49,500 --> 00:14:53,860  
那么造成了冲脉的脉气受抑制啊  
  
379  
00:14:53,940 --> 00:14:55,170  
气机，呃  
  
380  
00:14:55,210 --> 00:14:59,240  
不得上行那么瘀滞啊  
  
381  
00:14:59,240 --> 00:15:03,000  
瘀滞最后就出现了胸中痛气上冲咽壮如置肉  
  
382  
00:15:03,120 --> 00:15:06,400  
当胃咳喘啊这一系列问题  
  
383  
00:15:07,400 --> 00:15:09,080  
呃，一开始啊  
  
384  
00:15:09,240 --> 00:15:10,480  
如果官员受凉  
  
385  
00:15:11,640 --> 00:15:14,360  
史实当微年盛不绝  
  
386  
00:15:14,480 --> 00:15:16,640  
就是你在年轻的时候，比如说小肚子  
  
387  
00:15:16,720 --> 00:15:19,280  
咱们这讲的是宫寒的问题，对不对啊  
  
388  
00:15:19,590 --> 00:15:20,750  
男女都一样啊  
  
389  
00:15:20,790 --> 00:15:22,830  
这个不是说女子有包公  
  
390  
00:15:22,950 --> 00:15:25,150  
男子同样也有丹田是不是啊  
  
391  
00:15:25,510 --> 00:15:28,270  
那这受凉的时候，年轻的时候感觉不出来  
  
392  
00:15:28,670 --> 00:15:31,670  
等到岁数大了以后，我们叫阳衰之后  
  
393  
00:15:33,150 --> 00:15:34,430  
所谓营卫相干  
  
394  
00:15:35,870 --> 00:15:36,630  
阳损阴盛  
  
395  
00:15:36,710 --> 00:15:39,250  
那么呃，营卫相干啊  
  
396  
00:15:39,250 --> 00:15:40,930  
他讲的是阴阳之间的协调  
  
397  
00:15:41,290 --> 00:15:44,970  
那么由于阳气比较虚衰之后，它治不住阴气了  
  
398  
00:15:44,970 --> 00:15:45,530  
对不对啊  
  
399  
00:15:45,860 --> 00:15:47,340  
那么导致一个问题啊  
  
400  
00:15:47,780 --> 00:15:49,940  
这个这个，结寒微动  
  
401  
00:15:50,140 --> 00:15:50,820  
肾气畅盛  
  
402  
00:15:51,260 --> 00:15:54,640  
这个就是我们解释那个冲脉发病的机理啊  
  
403  
00:15:55,160 --> 00:15:59,800  
那么他的阳气不足以腹部那么压制不住阴气  
  
404  
00:16:00,160 --> 00:16:02,550  
导致阴气上冲啊  
  
405  
00:16:02,950 --> 00:16:08,150  
那么就出现了刚才上述的胸中咽啊  
  
406  
00:16:08,270 --> 00:16:09,750  
咳喘等症状  
  
407  
00:16:10,680 --> 00:16:11,760  
呃，那么  
  
408  
00:16:13,650 --> 00:16:14,810  
喉咽塞耶  
  
409  
00:16:15,090 --> 00:16:16,690  
胁下急痛，呃  
  
410  
00:16:16,850 --> 00:16:18,770  
那么就是他的病状这八个字啊  
  
411  
00:16:19,410 --> 00:16:22,670  
意以为流饮而大下肢  
  
412  
00:16:23,550 --> 00:16:24,630  
那么大夫一看呢  
  
413  
00:16:24,750 --> 00:16:24,950  
哎  
  
414  
00:16:25,190 --> 00:16:28,190  
嗓子眼儿堵，是不是斜下疼  
  
415  
00:16:29,080 --> 00:16:31,120  
医生一看，你这是有水印呢  
  
416  
00:16:31,280 --> 00:16:32,320  
有水印怎么办啊  
  
417  
00:16:32,960 --> 00:16:37,500  
那就来个比方说，来来来个陷胸汤吧  
  
418  
00:16:38,260 --> 00:16:39,140  
来个食枣儿吧  
  
419  
00:16:39,540 --> 00:16:40,020  
没错吧  
  
420  
00:16:40,740 --> 00:16:43,900  
结果攻下之后发现问题没解决啊  
  
421  
00:16:44,580 --> 00:16:46,140  
呃，气还往上冲  
  
422  
00:16:47,820 --> 00:16:50,140  
其病不除，那不除怎么办  
  
423  
00:16:50,660 --> 00:16:52,100  
然后又有医生来了啊  
  
424  
00:16:52,100 --> 00:16:53,140  
专家会诊嘛，是吧  
  
425  
00:16:53,140 --> 00:16:56,510  
又来医生说，那这种你看他堵嗓子眼了  
  
426  
00:16:56,510 --> 00:16:58,190  
我记得上论里有条文啊  
  
427  
00:16:58,470 --> 00:17:02,860  
那个刮地散，你看我早就说他像气上冲喉咽嘛  
  
428  
00:17:02,860 --> 00:17:05,940  
是不是早听我早好了，来挂第三整上  
  
429  
00:17:06,460 --> 00:17:06,660  
哎  
  
430  
00:17:06,700 --> 00:17:08,260  
整上之后结果真吐了  
  
431  
00:17:08,260 --> 00:17:08,940  
吐完之后呢  
  
432  
00:17:09,579 --> 00:17:10,099  
这人呐  
  
433  
00:17:10,099 --> 00:17:12,750  
现在哎呀，已经奄奄一息了啊  
  
434  
00:17:13,190 --> 00:17:14,990  
之后魏家屈藩啊  
  
435  
00:17:15,790 --> 00:17:15,990  
嗯  
  
436  
00:17:16,109 --> 00:17:18,030  
奔之子持政去了，哈哈  
  
437  
00:17:18,339 --> 00:17:20,859  
然后咽燥欲饮水，小便不利  
  
438  
00:17:20,859 --> 00:17:21,420  
水谷不化  
  
439  
00:17:22,220 --> 00:17:24,099  
面目手足浮肿啊  
  
440  
00:17:24,780 --> 00:17:26,300  
面目手足浮肿，呃  
  
441  
00:17:27,810 --> 00:17:29,210  
然后一看，肿了怎么办呢  
  
442  
00:17:29,890 --> 00:17:33,440  
又与停力丸下水，那这就一直在围追堵截吧  
  
443  
00:17:33,680 --> 00:17:35,840  
一看肿了之后，那那赶紧挺立下去吧  
  
444  
00:17:36,040 --> 00:17:37,360  
把水打下去，哎  
  
445  
00:17:37,440 --> 00:17:38,440  
当时见点效  
  
446  
00:17:38,880 --> 00:17:40,040  
当时如小差  
  
447  
00:17:40,790 --> 00:17:41,390  
结果呢  
  
448  
00:17:41,790 --> 00:17:43,270  
小蔡之后家里很高兴啊  
  
449  
00:17:43,710 --> 00:17:44,830  
说终于建好了  
  
450  
00:17:44,830 --> 00:17:46,430  
你看就换了三个大夫了吧  
  
451  
00:17:46,950 --> 00:17:47,190  
哎  
  
452  
00:17:47,190 --> 00:17:48,190  
换了三个大夫了啊  
  
453  
00:17:48,550 --> 00:17:49,310  
终于见点好  
  
454  
00:17:49,590 --> 00:17:50,950  
那么赶紧做一做  
  
455  
00:17:51,390 --> 00:17:53,690  
做一桌子饭，庆祝庆祝吧  
  
456  
00:17:53,930 --> 00:17:55,210  
结果吃多了啊  
  
457  
00:17:55,290 --> 00:17:57,970  
伤食了，咱们讲叫食饮过度诶  
  
458  
00:17:57,970 --> 00:17:59,010  
一下又肿起来了  
  
459  
00:17:59,250 --> 00:18:01,610  
这个哈，可真不是危言耸听  
  
460  
00:18:01,610 --> 00:18:03,210  
在临床上我们见过很多这种  
  
461  
00:18:03,530 --> 00:18:05,370  
那么尤其是大病差以后，对吧  
  
462  
00:18:05,650 --> 00:18:07,010  
那么不胜骨气  
  
463  
00:18:07,410 --> 00:18:07,610  
呃  
  
464  
00:18:07,770 --> 00:18:09,770  
吃了饭之后造成时机  
  
465  
00:18:09,810 --> 00:18:11,490  
然后病期反弹的这种很多  
  
466  
00:18:11,880 --> 00:18:14,680  
所以在临床上我经常呃，学生们都知道啊  
  
467  
00:18:14,880 --> 00:18:17,640  
我经常让尤其一些大病和重症的患者  
  
468  
00:18:17,840 --> 00:18:20,340  
我让他们怎么吃饭，你们还记得吗  
  
469  
00:18:21,660 --> 00:18:22,020  
对吧  
  
470  
00:18:22,380 --> 00:18:22,820  
吃粥  
  
471  
00:18:23,360 --> 00:18:25,240  
然后患者经常会质疑我说，大夫  
  
472  
00:18:25,640 --> 00:18:27,080  
那我这营养能够吗  
  
473  
00:18:27,480 --> 00:18:30,280  
就我们前几天门诊不还有一个  
  
474  
00:18:30,560 --> 00:18:32,040  
我记得是乳腺癌吧  
  
475  
00:18:32,700 --> 00:18:34,220  
还是什么癌啊，一个患者  
  
476  
00:18:34,580 --> 00:18:36,820  
然后那个第一诊来，我给他开完方  
  
477  
00:18:37,420 --> 00:18:37,620  
呃  
  
478  
00:18:38,060 --> 00:18:41,570  
然后当时那个家里人啊还过来  
  
479  
00:18:41,810 --> 00:18:44,370  
还问我说是那个能不能吃什么东西来着  
  
480  
00:18:45,010 --> 00:18:45,290  
呃  
  
481  
00:18:47,000 --> 00:18:48,480  
人参啊还是什么啊  
  
482  
00:18:49,000 --> 00:18:53,130  
当时我我就跟他说了一个问题啊  
  
483  
00:18:53,170 --> 00:18:54,450  
想起来了那个蛋白粉  
  
484  
00:18:55,010 --> 00:18:56,530  
我当时跟他讲那个  
  
485  
00:18:56,770 --> 00:18:58,690  
我说你要想让它好，你就别给它吃  
  
486  
00:18:59,310 --> 00:19:00,270  
你听我的没错  
  
487  
00:19:00,630 --> 00:19:01,870  
不是说这东西不好啊  
  
488  
00:19:01,870 --> 00:19:05,830  
我再次强调我没说这个这个营养类的东西不行  
  
489  
00:19:06,230 --> 00:19:08,490  
分时候是不是这个道理啊  
  
490  
00:19:08,690 --> 00:19:12,010  
就像打一比方给小孩留作业不是不行  
  
491  
00:19:13,040 --> 00:19:14,520  
别过我们讲这个道理  
  
492  
00:19:14,520 --> 00:19:15,640  
你看它能不能运化  
  
493  
00:19:15,640 --> 00:19:17,160  
这个是关键问题啊  
  
494  
00:19:17,200 --> 00:19:19,690  
那包括我们工作布置也是  
  
495  
00:19:20,010 --> 00:19:24,170  
你都总以它能够运化和支撑为前提  
  
496  
00:19:24,820 --> 00:19:25,620  
是不是这个道理  
  
497  
00:19:25,700 --> 00:19:26,820  
那你再玩命的给  
  
498  
00:19:26,900 --> 00:19:27,660  
给给完之后  
  
499  
00:19:27,660 --> 00:19:30,850  
最后脾胃中焦崩塌了，啊  
  
500  
00:19:30,970 --> 00:19:33,970  
那么这个时候那就那问题就又出现了  
  
501  
00:19:34,610 --> 00:19:36,690  
所以肿腹如前额  
  
502  
00:19:36,930 --> 00:19:38,370  
胸胁苦痛  
  
503  
00:19:39,710 --> 00:19:40,550  
向若奔腾  
  
504  
00:19:41,520 --> 00:19:44,520  
呃，那这个时候症状就像奔豚症  
  
505  
00:19:44,560 --> 00:19:45,880  
因为他有冲脉的问题嘛  
  
506  
00:19:45,880 --> 00:19:46,160  
对吧  
  
507  
00:19:46,880 --> 00:19:47,080  
呃  
  
508  
00:19:47,440 --> 00:19:53,430  
其水阳溢则福克喘溺啊  
  
509  
00:19:53,710 --> 00:19:54,790  
那么水气冲逆呢  
  
510  
00:19:54,790 --> 00:19:58,870  
这个人就咳嗽喘，所以当先攻击  
  
511  
00:19:59,580 --> 00:20:02,380  
你看这个梅花本这个字就不对  
  
512  
00:20:02,780 --> 00:20:05,700  
当先攻击充气，大家看见了没有  
  
513  
00:20:06,450 --> 00:20:06,650  
哎  
  
514  
00:20:06,810 --> 00:20:08,210  
梅花本叫卫气啊  
  
515  
00:20:08,770 --> 00:20:10,250  
那你攻击胃气干啥呀  
  
516  
00:20:10,250 --> 00:20:11,330  
胃气不是正气吗  
  
517  
00:20:11,970 --> 00:20:14,250  
但是在古代，我一写你就知道了  
  
518  
00:20:14,890 --> 00:20:16,370  
这个冲字怎么写呀  
  
519  
00:20:19,410 --> 00:20:19,890  
你看  
  
520  
00:20:21,190 --> 00:20:23,910  
把那个行走的行拆开一左一右  
  
521  
00:20:23,950 --> 00:20:27,610  
中间一个重重量的重，是不是就是冲啊  
  
522  
00:20:27,890 --> 00:20:30,880  
这个跟营卫的卫字形上很像啊  
  
523  
00:20:30,920 --> 00:20:33,000  
所以我们说训估有没有用有用  
  
524  
00:20:33,320 --> 00:20:35,000  
但它不是无限的用啊  
  
525  
00:20:35,320 --> 00:20:36,640  
那在这就非常有用  
  
526  
00:20:37,080 --> 00:20:40,650  
那么攻击充气指的就是平冲啊  
  
527  
00:20:41,230 --> 00:20:43,310  
乃至咳咳止气喘自拆  
  
528  
00:20:44,110 --> 00:20:45,890  
呃，先治心病  
  
529  
00:20:46,690 --> 00:20:48,970  
病当在后，那么怎么治  
  
530  
00:20:49,570 --> 00:20:51,300  
呃呃，我个人认为啊  
  
531  
00:20:51,420 --> 00:20:55,460  
那么这个你，你看看那个临桂五味甘草汤不就是能平虫吗  
  
532  
00:20:55,830 --> 00:20:58,790  
而且它其中是不是也也说过一个问题  
  
533  
00:20:59,150 --> 00:21:02,550  
那么充气平了之后那么渴怎么办啊  
  
534  
00:21:03,110 --> 00:21:05,190  
苓甘五味姜辛汤还记得吧  
  
535  
00:21:05,270 --> 00:21:07,190  
你回去翻翻那那那一串啊  
  
536  
00:21:07,430 --> 00:21:08,590  
在这里头都能应用  
  
537  
00:21:08,990 --> 00:21:09,190  
呃  
  
538  
00:21:09,190 --> 00:21:10,670  
这一条呢，是个长条纹  
  
539  
00:21:11,050 --> 00:21:12,210  
但是长条纹呢  
  
540  
00:21:12,290 --> 00:21:14,410  
它比较简单，比较容易理解啊  
  
541  
00:21:14,770 --> 00:21:18,120  
而且是在金柜中比较难得的  
  
542  
00:21:19,080 --> 00:21:20,120  
它不是论述性的  
  
543  
00:21:20,120 --> 00:21:21,120  
它是记载性的  
  
544  
00:21:21,720 --> 00:21:24,240  
记载了一个疾病由浅入深  
  
545  
00:21:25,280 --> 00:21:28,080  
由没事到有事儿的物质过程  
  
546  
00:21:28,720 --> 00:21:32,590  
以及三个医生的换手，是不是  
  
547  
00:21:32,910 --> 00:21:33,110  
哎  
  
548  
00:21:33,150 --> 00:21:35,830  
起码三人以上的就多多位了吧  
  
549  
00:21:35,830 --> 00:21:37,310  
那么我们讲三人称重啊  
  
550  
00:21:37,830 --> 00:21:40,430  
多位医生的换手物质  
  
551  
00:21:41,080 --> 00:21:42,720  
以及这一条主线和思路  
  
552  
00:21:43,000 --> 00:21:44,960  
所以你如果经常想问我说  
  
553  
00:21:44,960 --> 00:21:46,280  
老师，什么叫来龙去脉  
  
554  
00:21:46,280 --> 00:21:47,000  
什么叫来龙去脉  
  
555  
00:21:47,000 --> 00:21:48,720  
我告诉你，这就是来龙去脉  
  
556  
00:21:49,740 --> 00:21:50,060  
对吧  
  
557  
00:21:50,500 --> 00:21:50,700  
呃  
  
558  
00:21:50,780 --> 00:21:55,510  
那么诊室的同学们很熟悉我平时临证的思路和风格  
  
559  
00:21:55,510 --> 00:21:57,430  
我每每都是，尤其有新患者  
  
560  
00:21:57,430 --> 00:21:57,710  
对吧  
  
561  
00:21:57,950 --> 00:21:59,510  
第诊来见面，呃  
  
562  
00:21:59,510 --> 00:22:00,550  
可能我把脉呢  
  
563  
00:22:00,550 --> 00:22:01,630  
时间会长一点  
  
564  
00:22:01,840 --> 00:22:03,280  
我会看了他的脉象之后  
  
565  
00:22:03,480 --> 00:22:05,720  
我会告诉他，我会跟他聊几句话  
  
566  
00:22:06,040 --> 00:22:10,870  
我说你的病大概是在哪个时间发生了一件什么事  
  
567  
00:22:11,390 --> 00:22:13,430  
造成了当时出现了什么情况  
  
568  
00:22:13,430 --> 00:22:16,030  
可能你注意了，或者你没注意  
  
569  
00:22:16,310 --> 00:22:18,350  
或者你解决了，但是过激了  
  
570  
00:22:18,870 --> 00:22:20,270  
可能用什么方法解决的  
  
571  
00:22:20,510 --> 00:22:23,110  
然后造成以后的如下，12345的转轨  
  
572  
00:22:24,150 --> 00:22:25,070  
那么呃  
  
573  
00:22:25,230 --> 00:22:28,220  
多数情况下，我指的是多数情况啊  
  
574  
00:22:28,620 --> 00:22:31,020  
我们的判断都是比较准确的  
  
575  
00:22:31,020 --> 00:22:32,940  
患者满意度也比较高啊  
  
576  
00:22:33,180 --> 00:22:36,970  
而且这个时候对患者的信心的这种鼓舞啊  
  
577  
00:22:38,010 --> 00:22:39,370  
非常强大啊  
  
578  
00:22:39,370 --> 00:22:41,370  
患者就是这这个时候就坚信了啊  
  
579  
00:22:41,370 --> 00:22:43,290  
那大夫你你你你就怎么说吧  
  
580  
00:22:43,490 --> 00:22:43,850  
对吧  
  
581  
00:22:44,090 --> 00:22:45,970  
你是怎么说咱们怎么弄啊  
  
582  
00:22:46,010 --> 00:22:46,770  
那这个东西  
  
583  
00:22:47,010 --> 00:22:51,930  
实际上在这就非常清晰的还原了整个来龙去脉的过程  
  
584  
00:22:52,210 --> 00:22:53,190  
那么，呃  
  
585  
00:22:53,270 --> 00:22:55,470  
在诊后的时候如何去诊候它  
  
586  
00:22:55,830 --> 00:22:57,550  
无非不离色脉，对吧  
  
587  
00:22:57,950 --> 00:22:58,150  
哎  
  
588  
00:22:58,190 --> 00:23:01,470  
那么你对人的这个这个阴阳六经  
  
589  
00:23:02,420 --> 00:23:05,060  
那么先后天的脉络，呃了了  
  
590  
00:23:05,060 --> 00:23:06,180  
了解了之后啊  
  
591  
00:23:06,350 --> 00:23:08,910  
那么你才能够把这个东西把它捋出来  
  
592  
00:23:08,910 --> 00:23:09,790  
这才是中医  
  
593  
00:23:09,790 --> 00:23:10,470  
我认为啊  
  
594  
00:23:10,750 --> 00:23:13,230  
真正中医活的东西，我们说这个  
  
595  
00:23:13,790 --> 00:23:17,020  
呃，现在我我我考我们书院的学生啊  
  
596  
00:23:17,020 --> 00:23:18,340  
考的比较严啊  
  
597  
00:23:18,340 --> 00:23:20,860  
包括咱们诊室，我就考他们那12经  
  
598  
00:23:21,420 --> 00:23:24,200  
呃，我觉得这个是好事  
  
599  
00:23:24,200 --> 00:23:25,040  
为什么这样呢  
  
600  
00:23:25,360 --> 00:23:26,240  
咱们中医啊  
  
601  
00:23:26,240 --> 00:23:27,080  
现在很多人  
  
602  
00:23:28,000 --> 00:23:30,960  
现在我们写论文一个比一个厉害  
  
603  
00:23:31,480 --> 00:23:33,120  
做实验一个比一个厉害  
  
604  
00:23:33,710 --> 00:23:35,870  
那么奇经，八脉12经  
  
605  
00:23:36,430 --> 00:23:39,230  
你问他，很多人开始越来越茫然  
  
606  
00:23:39,940 --> 00:23:43,540  
我们古人讲不明12经络，开口动手便错  
  
607  
00:23:43,820 --> 00:23:46,620  
我们中医自己要是把12经这个功夫废了  
  
608  
00:23:46,820 --> 00:23:48,220  
那咱们就没有未来了  
  
609  
00:23:48,450 --> 00:23:49,410  
我们讲这么个道理  
  
610  
00:23:49,410 --> 00:23:50,330  
中医有没有解剖  
  
611  
00:23:50,370 --> 00:23:52,580  
有就是咱们经络，对吧  
  
612  
00:23:53,020 --> 00:23:54,660  
12经你搞明白了吗  
  
613  
00:23:54,780 --> 00:23:55,100  
对吧  
  
614  
00:23:55,100 --> 00:23:56,140  
他的京津皮布  
  
615  
00:23:56,740 --> 00:24:00,400  
它的标本根节你都搞懂了吗  
  
616  
00:24:00,720 --> 00:24:02,680  
它与12经的脏腑联署  
  
617  
00:24:02,920 --> 00:24:06,240  
以及生理功能这个东西你不在脑袋里头  
  
618  
00:24:06,240 --> 00:24:08,920  
那么临证的时候，你看见患者就是一脸懵啊  
  
619  
00:24:09,000 --> 00:24:09,880  
那就是一脸懵  
  
620  
00:24:10,180 --> 00:24:11,020  
呃，人家懂  
  
621  
00:24:11,140 --> 00:24:12,260  
你看人家看病  
  
622  
00:24:12,260 --> 00:24:13,820  
你跟看热闹似的，是不是  
  
623  
00:24:13,980 --> 00:24:14,180  
哎  
  
624  
00:24:14,180 --> 00:24:14,820  
人家一瞅，哎  
  
625  
00:24:14,820 --> 00:24:15,620  
你怎么知道的  
  
626  
00:24:15,820 --> 00:24:18,580  
那这个东西，那那就是在这下功夫啊  
  
627  
00:24:20,700 --> 00:24:23,300  
呃，往下走22条  
  
628  
00:24:25,360 --> 00:24:27,760  
呃防己黄芪汤这个汤  
  
629  
00:24:27,880 --> 00:24:31,110  
咱们在此我觉得不用赘述了啊  
  
630  
00:24:31,110 --> 00:24:35,190  
因为咱们之前啊已经讲过了啊，是在哪呢  
  
631  
00:24:36,030 --> 00:24:36,230  
哎  
  
632  
00:24:36,270 --> 00:24:39,830  
净湿液湿那一部分是不是当时讲的是啥呢  
  
633  
00:24:40,270 --> 00:24:41,310  
叫风湿啊  
  
634  
00:24:41,350 --> 00:24:42,670  
他就差一个字是吧  
  
635  
00:24:43,040 --> 00:24:43,240  
哎  
  
636  
00:24:43,360 --> 00:24:44,640  
风湿脉浮啊  
  
637  
00:24:44,640 --> 00:24:45,680  
这个变成了风水  
  
638  
00:24:46,120 --> 00:24:48,080  
那么证明无论是水和湿啊  
  
639  
00:24:48,490 --> 00:24:49,530  
体现了一个智慧  
  
640  
00:24:49,530 --> 00:24:51,770  
在这我不读，我不讲重复的东西了啊  
  
641  
00:24:51,770 --> 00:24:54,170  
那么呃，消耗大家的精力  
  
642  
00:24:56,480 --> 00:24:58,600  
我就说一件事啊  
  
643  
00:24:58,600 --> 00:24:59,440  
给大家参考  
  
644  
00:24:59,840 --> 00:25:03,880  
那么所谓的那个我认为啊，水和湿是啥关系  
  
645  
00:25:05,310 --> 00:25:06,990  
散则成石，聚则成水  
  
646  
00:25:07,390 --> 00:25:08,670  
你想想是不是这样啊  
  
647  
00:25:08,950 --> 00:25:09,910  
那么有的时候呢  
  
648  
00:25:10,390 --> 00:25:10,670  
呃  
  
649  
00:25:13,080 --> 00:25:15,160  
西医中医有的时候有一些观点啊  
  
650  
00:25:15,160 --> 00:25:16,000  
他是有所不同的  
  
651  
00:25:16,000 --> 00:25:17,240  
你比如说我们说脑积液  
  
652  
00:25:17,920 --> 00:25:18,520  
脑积液呢  
  
653  
00:25:18,520 --> 00:25:19,920  
可能现代临床呢  
  
654  
00:25:19,920 --> 00:25:23,790  
它会有它的这个治疗标准和认知体系  
  
655  
00:25:24,030 --> 00:25:25,070  
但是从我们中医来说  
  
656  
00:25:25,470 --> 00:25:26,710  
其实实话实说啊  
  
657  
00:25:27,040 --> 00:25:29,400  
你一个液体积在脑积在肾，积在肺  
  
658  
00:25:29,840 --> 00:25:31,400  
对我们来说有啥不一样吗  
  
659  
00:25:32,200 --> 00:25:33,480  
有，不一样就是病位  
  
660  
00:25:34,150 --> 00:25:34,470  
对吧  
  
661  
00:25:34,830 --> 00:25:39,890  
但是对于仪器之流行啊  
  
662  
00:25:39,930 --> 00:25:40,410  
我们讲  
  
663  
00:25:41,010 --> 00:25:41,770  
嗯哼  
  
664  
00:25:41,930 --> 00:25:44,410  
那么最近我们临床用那个流气引用的多啊  
  
665  
00:25:44,410 --> 00:25:45,410  
就突然想起来  
  
666  
00:25:45,410 --> 00:25:48,740  
这那么对于人体的这个，这个这个  
  
667  
00:25:48,940 --> 00:25:51,860  
所谓，我们讲气血之生化  
  
668  
00:25:52,770 --> 00:25:56,330  
我们认为普通一等，它都是一回事啊  
  
669  
00:25:56,650 --> 00:25:58,950  
只是你在治治疗的时候啊  
  
670  
00:25:59,190 --> 00:26:00,390  
那么根据不同的病位  
  
671  
00:26:00,710 --> 00:26:02,190  
不同的经脉，对吧  
  
672  
00:26:02,190 --> 00:26:03,310  
它有不同的特性  
  
673  
00:26:03,640 --> 00:26:05,640  
从阴阳五行，你怎么去匹配它  
  
674  
00:26:06,120 --> 00:26:06,320  
哎  
  
675  
00:26:06,400 --> 00:26:08,520  
从这个季节怎么去  
  
676  
00:26:08,940 --> 00:26:12,340  
怎么去与与这个气候相合啊  
  
677  
00:26:12,780 --> 00:26:13,460  
48节  
  
678  
00:26:13,500 --> 00:26:15,220  
24气，72候啊  
  
679  
00:26:15,260 --> 00:26:16,700  
咱们怎么去落地  
  
680  
00:26:18,040 --> 00:26:18,840  
别的没啥  
  
681  
00:26:20,020 --> 00:26:20,700  
那么这块呢  
  
682  
00:26:20,980 --> 00:26:22,300  
你看那个风水和风湿  
  
683  
00:26:22,660 --> 00:26:23,980  
一个是水，一个是湿嘛  
  
684  
00:26:24,580 --> 00:26:26,220  
哎，那散了就是湿  
  
685  
00:26:26,460 --> 00:26:27,860  
聚起来就是水啊  
  
686  
00:26:29,220 --> 00:26:30,260  
在这儿不赘述了  
  
687  
00:26:30,260 --> 00:26:30,940  
往下看  
  
688  
00:26:32,350 --> 00:26:33,350  
下头这个条纹呢  
  
689  
00:26:33,350 --> 00:26:35,870  
其实是非常经典的一个条纹  
  
690  
00:26:36,620 --> 00:26:37,940  
风水无风，一身稀肿  
  
691  
00:26:38,060 --> 00:26:39,420  
脉浮不可续  
  
692  
00:26:39,500 --> 00:26:41,060  
自汗出无大热  
  
693  
00:26:41,140 --> 00:26:43,840  
月必汤主之，哎  
  
694  
00:26:43,840 --> 00:26:46,080  
月必汤这个名字轰雷贯耳  
  
695  
00:26:46,080 --> 00:26:50,600  
是不是在咱们学伤寒论的时候就有原文  
  
696  
00:26:51,330 --> 00:26:51,530  
哎  
  
697  
00:26:51,730 --> 00:26:56,690  
太阳病发热恶寒热多寒少脉微弱者  
  
698  
00:26:56,690 --> 00:26:57,610  
此无阳也  
  
699  
00:26:58,330 --> 00:26:58,650  
对吧  
  
700  
00:26:59,210 --> 00:26:59,410  
哎  
  
701  
00:26:59,610 --> 00:27:02,010  
桂枝二什么什么一啊，哎  
  
702  
00:27:02,090 --> 00:27:04,290  
月币一、从那时候咱们就见着月币  
  
703  
00:27:04,290 --> 00:27:05,370  
但是不知道月币是啥  
  
704  
00:27:05,850 --> 00:27:06,610  
后来讲了啊  
  
705  
00:27:06,610 --> 00:27:10,770  
月币其实就是那个大青龙去掉桂枝啊  
  
706  
00:27:10,770 --> 00:27:15,250  
但其实你也可以说大青龙是月币加桂枝啊  
  
707  
00:27:15,540 --> 00:27:18,060  
从哪个角度看，总之这个方法很重要  
  
708  
00:27:18,220 --> 00:27:20,940  
那么后来咱们在金柜的时候多次也提及到它  
  
709  
00:27:21,180 --> 00:27:23,930  
你比如说我们讲月毕加半夏汤，对吧  
  
710  
00:27:23,930 --> 00:27:25,690  
治咳嗽的，啊这我  
  
711  
00:27:25,690 --> 00:27:27,410  
我们今天临床叫肺气肿是吧  
  
712  
00:27:27,730 --> 00:27:30,250  
哎，喘那个那个目如脱状  
  
713  
00:27:30,650 --> 00:27:32,750  
那么桂枝呃  
  
714  
00:27:32,790 --> 00:27:34,950  
月毕加猪汤咱们上次讲了  
  
715  
00:27:35,030 --> 00:27:36,510  
那也是也是水汽的问题  
  
716  
00:27:36,750 --> 00:27:39,470  
但是他的本尊啊，今天跟你见面了啊  
  
717  
00:27:39,860 --> 00:27:42,700  
反倒就是就这么一笔带过啊  
  
718  
00:27:44,350 --> 00:27:45,470  
他讲这么个问题  
  
719  
00:27:45,470 --> 00:27:47,350  
首先它治的是一个  
  
720  
00:27:47,710 --> 00:27:48,830  
他是一个什么病状呢  
  
721  
00:27:48,830 --> 00:27:50,190  
是风水啊  
  
722  
00:27:50,470 --> 00:27:51,310  
风水是病状  
  
723  
00:27:51,790 --> 00:27:53,730  
呃，那么风水呢  
  
724  
00:27:53,810 --> 00:27:57,890  
咱们之前呀给大家讲过，风水的脉呢  
  
725  
00:27:58,130 --> 00:27:58,890  
是浮的  
  
726  
00:27:59,850 --> 00:28:03,250  
外正骨节疼痛，恶风是不是  
  
727  
00:28:03,330 --> 00:28:08,500  
那么它就像是一个外感中风伤寒的状态啊  
  
728  
00:28:08,660 --> 00:28:09,940  
外感中风伤寒的状态  
  
729  
00:28:11,100 --> 00:28:11,620  
额  
  
730  
00:28:13,420 --> 00:28:14,220  
一身细种  
  
731  
00:28:15,750 --> 00:28:17,550  
那么不可虚自汗出  
  
732  
00:28:17,670 --> 00:28:19,230  
所以从这个条文来看啊  
  
733  
00:28:20,110 --> 00:28:22,670  
它跟桂枝汤特别像  
  
734  
00:28:22,950 --> 00:28:23,630  
发现没有  
  
735  
00:28:24,600 --> 00:28:29,120  
桂枝汤有没有无风，有没有汗出  
  
736  
00:28:30,590 --> 00:28:31,230  
有没有麦麸  
  
737  
00:28:31,910 --> 00:28:32,390  
全有吧  
  
738  
00:28:32,590 --> 00:28:34,190  
但是桂枝汤没有一身稀肿  
  
739  
00:28:35,330 --> 00:28:36,210  
大家发现了没有  
  
740  
00:28:36,690 --> 00:28:36,890  
哎  
  
741  
00:28:36,890 --> 00:28:38,290  
桂枝汤没有一身稀种  
  
742  
00:28:39,010 --> 00:28:39,210  
呃  
  
743  
00:28:39,650 --> 00:28:42,570  
那么这个啊，是怎么造成的风水呢  
  
744  
00:28:43,010 --> 00:28:43,850  
其实这个呢  
  
745  
00:28:44,620 --> 00:28:44,820  
呃  
  
746  
00:28:44,940 --> 00:28:47,060  
之前我们提过素问的水热穴论  
  
747  
00:28:47,100 --> 00:28:48,140  
中间说过一个问题  
  
748  
00:28:48,780 --> 00:28:49,500  
肾汗出  
  
749  
00:28:49,860 --> 00:28:51,580  
那么肾肾藏于里吧  
  
750  
00:28:51,900 --> 00:28:54,470  
心部于表渗，汗出就是在理之  
  
751  
00:28:54,470 --> 00:28:57,750  
汗出来之后逢于风被风击知道了吧  
  
752  
00:28:58,110 --> 00:28:59,030  
造成一个问题  
  
753  
00:28:59,510 --> 00:28:59,710  
呃  
  
754  
00:28:59,870 --> 00:29:01,870  
内不得入于脏腑，外不得  
  
755  
00:29:03,310 --> 00:29:03,870  
怎么样呢  
  
756  
00:29:04,070 --> 00:29:06,590  
这这这个合于皮肤啊  
  
757  
00:29:07,770 --> 00:29:09,330  
那么这个水呢  
  
758  
00:29:09,650 --> 00:29:10,090  
汗呢  
  
759  
00:29:11,330 --> 00:29:15,030  
外出不去，内也回不来啊  
  
760  
00:29:15,070 --> 00:29:18,430  
最后就变成了种啊在周深，那么这种时候呢  
  
761  
00:29:19,060 --> 00:29:19,260  
呃  
  
762  
00:29:19,580 --> 00:29:21,340  
咱们说用一个什么方  
  
763  
00:29:21,340 --> 00:29:22,940  
你用桂枝汤是不行的啊  
  
764  
00:29:23,180 --> 00:29:25,300  
这时候不是桂枝汤的事，儿呃  
  
765  
00:29:26,140 --> 00:29:29,540  
用这个月币汤，为啥用月币汤啊  
  
766  
00:29:30,250 --> 00:29:30,530  
我  
  
767  
00:29:30,530 --> 00:29:34,010  
我之前给大家讲过，阅者发月之也啊  
  
768  
00:29:34,050 --> 00:29:36,730  
月就是发的意思啊，B是谁呢  
  
769  
00:29:37,460 --> 00:29:40,700  
哎B是悲啊，在这我再次重复一遍吧  
  
770  
00:29:41,060 --> 00:29:43,860  
可能有的人忘了B者悲也  
  
771  
00:29:45,260 --> 00:29:52,100  
卑者卑贱是不是监视的肩卑贱者为阴土啊  
  
772  
00:29:53,380 --> 00:29:55,100  
呃，那么敦赋为阳土  
  
773  
00:29:55,100 --> 00:29:55,940  
背肩为阴土  
  
774  
00:29:56,380 --> 00:29:57,100  
那么月壁  
  
775  
00:29:57,650 --> 00:30:01,730  
他是就把那个卑贱之土就是在阴之土把它发出来  
  
776  
00:30:01,730 --> 00:30:02,730  
那什么是在阴之土啊  
  
777  
00:30:02,730 --> 00:30:03,490  
不就是尸吗  
  
778  
00:30:04,050 --> 00:30:04,250  
哎  
  
779  
00:30:04,530 --> 00:30:06,090  
月毕汤就是发师汤  
  
780  
00:30:06,730 --> 00:30:07,650  
这大家明白了吧  
  
781  
00:30:08,170 --> 00:30:11,050  
哎，把诗发出去的汤就叫月必汤呃  
  
782  
00:30:13,860 --> 00:30:14,420  
然后啊  
  
783  
00:30:17,100 --> 00:30:20,750  
这个里头组方重点  
  
784  
00:30:20,790 --> 00:30:21,990  
咱们知道五味药啊  
  
785  
00:30:21,990 --> 00:30:23,110  
武者图也嘛，对吧  
  
786  
00:30:23,670 --> 00:30:24,390  
哎，麻杏  
  
787  
00:30:25,340 --> 00:30:26,740  
呃，有人认为啊  
  
788  
00:30:27,500 --> 00:30:29,820  
这个汤呢的组合  
  
789  
00:30:31,230 --> 00:30:33,230  
啊，呃  
  
790  
00:30:37,240 --> 00:30:38,760  
像不像麻杏甘石汤啊  
  
791  
00:30:39,930 --> 00:30:41,330  
也有也有人这么认为啊  
  
792  
00:30:41,850 --> 00:30:45,610  
这个麻杏甘石汤把那个姓去掉了吧  
  
793  
00:30:46,610 --> 00:30:46,810  
哎  
  
794  
00:30:46,970 --> 00:30:47,810  
再加枣质姜  
  
795  
00:30:49,800 --> 00:30:50,480  
但是呢  
  
796  
00:30:51,240 --> 00:30:52,600  
嗯，我是这么理解的  
  
797  
00:30:52,600 --> 00:30:54,360  
这个方你别管，说1000道1万  
  
798  
00:30:54,760 --> 00:30:56,760  
这个方里真正的眼目就两味药  
  
799  
00:30:57,280 --> 00:30:58,080  
知道是谁吗  
  
800  
00:30:58,880 --> 00:30:59,120  
哎  
  
801  
00:30:59,120 --> 00:30:59,640  
很好啊  
  
802  
00:30:59,640 --> 00:31:01,960  
同学们马上都联想到了，就是麻黄和石膏  
  
803  
00:31:02,680 --> 00:31:03,240  
为啥呢  
  
804  
00:31:03,720 --> 00:31:04,360  
我们说啊  
  
805  
00:31:05,000 --> 00:31:07,840  
内经有开鬼门之法啊  
  
806  
00:31:08,040 --> 00:31:09,560  
开鬼门把玄窍打开  
  
807  
00:31:09,920 --> 00:31:11,000  
因为什么叫鬼门啊  
  
808  
00:31:11,000 --> 00:31:12,920  
就是就是看不见，就是称为鬼  
  
809  
00:31:13,400 --> 00:31:15,730  
那么焊线你能看见吗  
  
810  
00:31:16,290 --> 00:31:17,890  
你要不贴近了看不着是吧  
  
811  
00:31:18,330 --> 00:31:19,930  
哎，我不可能一看你啊  
  
812  
00:31:20,570 --> 00:31:21,450  
长一身汗腺  
  
813  
00:31:21,810 --> 00:31:23,970  
那那那个吓人了，看不见  
  
814  
00:31:23,970 --> 00:31:24,810  
但是它存在  
  
815  
00:31:25,010 --> 00:31:26,610  
这个就称称，称之为鬼  
  
816  
00:31:26,690 --> 00:31:27,490  
古人讲啊  
  
817  
00:31:27,770 --> 00:31:29,330  
看不见，视之不见  
  
818  
00:31:30,170 --> 00:31:30,370  
呃  
  
819  
00:31:31,090 --> 00:31:35,480  
那么这个门他是不知道怎么他就汗就从里头出去了啊  
  
820  
00:31:36,790 --> 00:31:38,230  
因此用麻黄  
  
821  
00:31:38,910 --> 00:31:39,630  
但是呢  
  
822  
00:31:40,350 --> 00:31:42,150  
你把他的去路打开之后  
  
823  
00:31:42,790 --> 00:31:45,070  
这里就来问题了，呃  
  
824  
00:31:47,320 --> 00:31:54,070  
那么如果是有湿长期淤在身上必须加石膏啊  
  
825  
00:31:54,110 --> 00:31:56,030  
这个是一个特别有意思的事啊  
  
826  
00:31:56,310 --> 00:31:58,310  
有湿淤在身上必须加石膏  
  
827  
00:31:58,710 --> 00:32:01,150  
那我们都知道石膏是心寒的吧  
  
828  
00:32:01,880 --> 00:32:05,080  
性寒，而且石膏又能本身能止渴  
  
829  
00:32:05,840 --> 00:32:07,760  
本身就像是一个注释的药  
  
830  
00:32:08,410 --> 00:32:15,430  
但是为啥月壁汤要加一个带这个有点湿邪味道的这个  
  
831  
00:32:15,430 --> 00:32:16,870  
这个这个东西在里头呢  
  
832  
00:32:17,320 --> 00:32:17,520  
哎  
  
833  
00:32:17,560 --> 00:32:18,960  
那么这个我个人认为啊  
  
834  
00:32:18,960 --> 00:32:20,640  
两层含义，两层含义啊  
  
835  
00:32:20,920 --> 00:32:23,040  
第一层含义，历代医家呢  
  
836  
00:32:23,240 --> 00:32:24,280  
多认为啊  
  
837  
00:32:24,860 --> 00:32:28,910  
那么本身在诗余之中必有余热  
  
838  
00:32:29,670 --> 00:32:30,630  
这是没错的啊  
  
839  
00:32:30,950 --> 00:32:33,510  
试预之后热肯定会遇出来对吧  
  
840  
00:32:33,830 --> 00:32:34,990  
所以石膏能清热  
  
841  
00:32:35,930 --> 00:32:37,810  
但是我个人认为还不止于此  
  
842  
00:32:38,610 --> 00:32:39,570  
还有一个问题啊  
  
843  
00:32:40,130 --> 00:32:40,330  
哎  
  
844  
00:32:40,330 --> 00:32:42,650  
就是你昨天问那个问题是不是，哎  
  
845  
00:32:42,650 --> 00:32:46,250  
就是所谓呃带黄干碎汤为什么加胶的问题  
  
846  
00:32:46,250 --> 00:32:49,210  
我当时给他举了个例子，叫四面楚歌  
  
847  
00:32:49,920 --> 00:32:50,760  
四面楚歌呀  
  
848  
00:32:51,160 --> 00:32:51,800  
当时啊  
  
849  
00:32:52,880 --> 00:32:53,400  
汉刘邦  
  
850  
00:32:54,520 --> 00:32:54,800  
呃  
  
851  
00:32:55,940 --> 00:32:59,100  
把霸王围于垓下啊  
  
852  
00:32:59,300 --> 00:33:00,220  
围在那之后呢  
  
853  
00:33:00,300 --> 00:33:04,030  
结果人家霸王和虞姬两口子天天在屋里  
  
854  
00:33:04,030 --> 00:33:05,990  
就就就跳跳舞喝喝酒吧  
  
855  
00:33:06,920 --> 00:33:08,760  
那么你围四面啊  
  
856  
00:33:09,040 --> 00:33:10,840  
当时是不能让它跑的是吧  
  
857  
00:33:11,760 --> 00:33:14,840  
那正常来说我，我之前讲过叫为师必缺  
  
858  
00:33:15,540 --> 00:33:16,220  
你围一个城  
  
859  
00:33:16,380 --> 00:33:17,740  
你围三面围三面，好  
  
860  
00:33:18,180 --> 00:33:19,220  
因为你围四面呢  
  
861  
00:33:19,220 --> 00:33:20,260  
就会有一个问题啊  
  
862  
00:33:20,300 --> 00:33:21,220  
有啥问题呢  
  
863  
00:33:22,320 --> 00:33:23,360  
大伙就知道了啊  
  
864  
00:33:23,520 --> 00:33:25,280  
这是不准备让我们给活路了  
  
865  
00:33:26,320 --> 00:33:27,280  
那我们就跟你拼了  
  
866  
00:33:27,640 --> 00:33:30,080  
就像当年呃长平之战  
  
867  
00:33:30,720 --> 00:33:33,280  
当时白起是骗了赵国啊  
  
868  
00:33:33,280 --> 00:33:35,520  
所以说我不不杀你们，他们才投降  
  
869  
00:33:35,520 --> 00:33:36,720  
要知道杀谁投降啊  
  
870  
00:33:36,720 --> 00:33:37,840  
是这个道理对吧  
  
871  
00:33:38,000 --> 00:33:39,000  
那肯定跟你拼了  
  
872  
00:33:39,460 --> 00:33:40,340  
呃，所以呢  
  
873  
00:33:40,620 --> 00:33:41,500  
那还不能让你走  
  
874  
00:33:42,260 --> 00:33:45,260  
也不能围围围三面，那就围着吧  
  
875  
00:33:45,340 --> 00:33:46,860  
围着之后怎么办啊  
  
876  
00:33:47,760 --> 00:33:48,720  
最后想了一折  
  
877  
00:33:50,020 --> 00:33:51,900  
那唱点楚歌吧  
  
878  
00:33:52,420 --> 00:33:53,180  
咱们打个比方  
  
879  
00:33:53,220 --> 00:33:54,860  
就我给他们昨天打这么一比方  
  
880  
00:33:54,860 --> 00:33:59,560  
就像是说东北的一支孤军打到了关里抗日，对吧  
  
881  
00:33:59,600 --> 00:34:03,000  
咱们知道当时东北军呃，918之后啊  
  
882  
00:34:03,080 --> 00:34:06,700  
那么20万东北军退入关内啊  
  
883  
00:34:06,700 --> 00:34:09,620  
从此以后回不了家啊，这些人啊  
  
884  
00:34:09,620 --> 00:34:13,120  
后来打抗战的时候死战不退对吧  
  
885  
00:34:13,120 --> 00:34:13,480  
为什么  
  
886  
00:34:13,480 --> 00:34:17,690  
因为他们的对日本人的仇恨是是是是最大的，呃  
  
887  
00:34:17,810 --> 00:34:18,850  
但是假设啊  
  
888  
00:34:18,850 --> 00:34:22,050  
我们权权，且从这个权谋这个角度来讲  
  
889  
00:34:22,449 --> 00:34:23,210  
如果被围  
  
890  
00:34:24,130 --> 00:34:27,250  
那么你要把他们给打下来  
  
891  
00:34:29,130 --> 00:34:32,090  
那么我认为有的时候炮弹啊，炮弹能躲  
  
892  
00:34:32,929 --> 00:34:36,449  
但是你一首二人转这个时候放出来军心溃散  
  
893  
00:34:36,530 --> 00:34:38,449  
明明白这个道理了，没有诶  
  
894  
00:34:38,449 --> 00:34:39,820  
那么就像是，呃  
  
895  
00:34:39,820 --> 00:34:41,380  
这个其实是不恰当的比方  
  
896  
00:34:41,380 --> 00:34:43,420  
但是我我说的只是道理啊  
  
897  
00:34:43,420 --> 00:34:44,260  
说的只是道理  
  
898  
00:34:44,460 --> 00:34:48,449  
就像当年我最敬佩的杨靖宇将军，哎  
  
899  
00:34:48,449 --> 00:34:49,250  
杨靖宇将军  
  
900  
00:34:49,770 --> 00:34:53,090  
那么他最后被捕不也是因为叛徒出卖的  
  
901  
00:34:53,370 --> 00:34:55,889  
那么叛徒是怎么变成叛徒的呢  
  
902  
00:34:56,409 --> 00:34:58,530  
莫非没有那么一首二人转  
  
903  
00:34:59,220 --> 00:35:01,460  
没有老婆孩子热炕头的呼唤吗  
  
904  
00:35:02,010 --> 00:35:03,290  
这个道理大家明白了吧  
  
905  
00:35:03,530 --> 00:35:05,370  
那么所以同气则相求  
  
906  
00:35:05,450 --> 00:35:07,010  
我们说你发这个湿气  
  
907  
00:35:07,320 --> 00:35:08,600  
湿气滞在身体里头  
  
908  
00:35:08,600 --> 00:35:11,080  
你用麻黄去发麻黄可以发汗  
  
909  
00:35:11,450 --> 00:35:15,210  
但是你就不能保证麻黄的干燥与体内的湿  
  
910  
00:35:15,250 --> 00:35:17,490  
它俩之间不能产生阴阳之隔绝吗  
  
911  
00:35:18,040 --> 00:35:23,000  
这个时候一味清凉的石膏进去跟麻黄相合  
  
912  
00:35:23,640 --> 00:35:25,800  
领着这个湿邪，从哪儿来  
  
913  
00:35:26,080 --> 00:35:26,680  
往哪儿去  
  
914  
00:35:27,640 --> 00:35:27,960  
对吧  
  
915  
00:35:28,280 --> 00:35:30,460  
石膏跟师姐一见面  
  
916  
00:35:30,940 --> 00:35:32,500  
哎呀，老乡啊  
  
917  
00:35:32,990 --> 00:35:33,870  
算了，呵呵  
  
918  
00:35:34,270 --> 00:35:34,630  
走吧  
  
919  
00:35:34,950 --> 00:35:35,830  
明白这道理了吧  
  
920  
00:35:36,230 --> 00:35:39,590  
因此我们中医用药独有转化阴阳之智慧  
  
921  
00:35:39,630 --> 00:35:42,030  
这个我在这话说的可能有点大啊  
  
922  
00:35:42,510 --> 00:35:45,870  
虽然我们经常有人认为说医学智慧是人类的啊  
  
923  
00:35:45,870 --> 00:35:47,310  
但是非常残酷啊  
  
924  
00:35:47,550 --> 00:35:49,630  
你不理解，只有我们中国人理解  
  
925  
00:35:49,630 --> 00:35:50,710  
那它就是中国的  
  
926  
00:35:50,990 --> 00:35:51,630  
那没办法  
  
927  
00:35:51,950 --> 00:35:53,350  
你发没发现一个问题啊  
  
928  
00:35:53,470 --> 00:35:54,870  
西方世界他的价值观  
  
929  
00:35:55,190 --> 00:35:57,150  
他容易把正和邪对立起来  
  
930  
00:35:58,200 --> 00:36:00,360  
你比如说从漫威的这个动画  
  
931  
00:36:00,880 --> 00:36:02,320  
那一定是有一个正和一个邪  
  
932  
00:36:02,320 --> 00:36:06,230  
他俩打架最后把谁打死的问题，他永远不能理解  
  
933  
00:36:06,230 --> 00:36:09,430  
我们中国人还有一个智慧就是为什么非要打呀  
  
934  
00:36:10,110 --> 00:36:11,710  
一起坐下来聊聊不行吗  
  
935  
00:36:12,260 --> 00:36:13,300  
转化过来不行吗  
  
936  
00:36:13,380 --> 00:36:14,700  
敌为我用不行吗  
  
937  
00:36:14,980 --> 00:36:15,780  
是不是这个道理  
  
938  
00:36:15,980 --> 00:36:17,180  
这是我们中国人的智慧  
  
939  
00:36:17,180 --> 00:36:21,110  
所以在这月壁汤发阅水师这张方  
  
940  
00:36:21,110 --> 00:36:22,790  
很多人对它的认识严重不足  
  
941  
00:36:23,390 --> 00:36:25,550  
我们很容易能理解苍猪化石  
  
942  
00:36:26,250 --> 00:36:28,810  
很容易理解薏仁化石是吧  
  
943  
00:36:29,290 --> 00:36:31,170  
甚至杏仁化石你都能理解  
  
944  
00:36:31,530 --> 00:36:33,370  
石膏画师为什么就不能理解  
  
945  
00:36:34,240 --> 00:36:36,080  
这个就是阴阳转化的智慧啊  
  
946  
00:36:36,280 --> 00:36:39,520  
这个时候就打比方一个问题，孩子  
  
947  
00:36:40,000 --> 00:36:42,890  
你把他打的已经就是，换句话说  
  
948  
00:36:42,890 --> 00:36:45,770  
他的那个自信心被打击的已经没有了  
  
949  
00:36:46,170 --> 00:36:49,950  
他已经如土石之悲，卑微的不得了  
  
950  
00:36:50,470 --> 00:36:52,150  
你再打他，他就跟你对立  
  
951  
00:36:52,550 --> 00:36:53,590  
明白我那意思没有  
  
952  
00:36:53,750 --> 00:36:55,670  
他为了表现他自己还存在  
  
953  
00:36:56,190 --> 00:36:58,830  
那我就只能你不喜欢什么我就表现什么  
  
954  
00:37:00,030 --> 00:37:03,270  
这个时候你用打击是解决不了问题的  
  
955  
00:37:03,790 --> 00:37:05,270  
你得用什么办法解决呀  
  
956  
00:37:05,470 --> 00:37:09,310  
就像我刚才讲的就是一首楚歌一首二人转  
  
957  
00:37:09,590 --> 00:37:10,430  
是这道理吧  
  
958  
00:37:10,750 --> 00:37:10,950  
诶  
  
959  
00:37:10,950 --> 00:37:14,580  
你得跟他去沟通，走近它怎么沟通  
  
960  
00:37:15,060 --> 00:37:19,100  
用他同气相感同气才能相通  
  
961  
00:37:19,380 --> 00:37:21,060  
是不是感而遂通  
  
962  
00:37:21,420 --> 00:37:22,620  
你用麻黄用附子  
  
963  
00:37:22,620 --> 00:37:25,790  
这个时候是没有感的，他只有对立是吧  
  
964  
00:37:26,110 --> 00:37:28,270  
学习不好，你找一个好学生刺激他一下  
  
965  
00:37:29,740 --> 00:37:30,780  
内心是崩溃的  
  
966  
00:37:30,820 --> 00:37:32,020  
明白明白这个道理了吗  
  
967  
00:37:32,420 --> 00:37:34,900  
那我干脆我，我为了我表示我还活着  
  
968  
00:37:35,530 --> 00:37:38,290  
我不跟你，你你随便我我我就是坏人了  
  
969  
00:37:38,290 --> 00:37:39,290  
今天明白了吧  
  
970  
00:37:39,850 --> 00:37:41,290  
没有好人啊哈  
  
971  
00:37:41,720 --> 00:37:42,560  
讲这么个道理  
  
972  
00:37:42,720 --> 00:37:46,040  
所以同气则相感，感而则则能遂通啊  
  
973  
00:37:46,120 --> 00:37:48,860  
一定是这个道理的，山泽通气啊  
  
974  
00:37:48,860 --> 00:37:50,540  
你细细琢磨琢磨啊  
  
975  
00:37:51,240 --> 00:37:53,240  
那个易经的咸卦啊  
  
976  
00:37:53,840 --> 00:37:57,840  
易经的咸卦，那么那么为什么能贤能赶啊  
  
977  
00:37:57,840 --> 00:37:59,520  
他是怎么怎么通过去的啊  
  
978  
00:38:01,880 --> 00:38:03,400  
呃，那么这个  
  
979  
00:38:05,180 --> 00:38:06,180  
往下来啊  
  
980  
00:38:06,260 --> 00:38:07,340  
它有一个小加减  
  
981  
00:38:08,300 --> 00:38:09,660  
额，小加减呢  
  
982  
00:38:11,130 --> 00:38:12,290  
那么戊风加父子  
  
983  
00:38:12,650 --> 00:38:16,960  
父子之物风，这个咱们都很熟啊  
  
984  
00:38:17,000 --> 00:38:19,760  
桂枝加附子汤伤寒论20条对吧  
  
985  
00:38:20,600 --> 00:38:20,800  
呃  
  
986  
00:38:20,840 --> 00:38:21,640  
在外能固表  
  
987  
00:38:21,640 --> 00:38:25,550  
在内能补肾风水，就是加珠就变成月毕加猪汤了吧  
  
988  
00:38:26,030 --> 00:38:29,070  
哎，他这主要讲的就是月毕加猪的条文前后连贯  
  
989  
00:38:29,440 --> 00:38:30,480  
那么这张方呢  
  
990  
00:38:30,480 --> 00:38:33,360  
我们一般广泛的应用于  
  
991  
00:38:33,400 --> 00:38:35,240  
比如说肾病综合征啊  
  
992  
00:38:35,240 --> 00:38:37,080  
尤其肾病刚刚开始的时候  
  
993  
00:38:37,080 --> 00:38:38,640  
急性肾小球肾炎浑身肿  
  
994  
00:38:38,720 --> 00:38:39,360  
那你想吧  
  
995  
00:38:39,680 --> 00:38:40,840  
那什么病，浑身肿啊  
  
996  
00:38:40,840 --> 00:38:41,640  
那不就是肾炎吗  
  
997  
00:38:41,640 --> 00:38:42,000  
是吧  
  
998  
00:38:42,510 --> 00:38:43,870  
那么这个时候问题来了  
  
999  
00:38:43,870 --> 00:38:45,550  
就有人跟我掰扯这个事  
  
1000  
00:38:45,550 --> 00:38:50,030  
说张老师，那为啥我发现用这个方治肾炎  
  
1001  
00:38:51,270 --> 00:38:52,510  
有的有效有的没效  
  
1002  
00:38:53,550 --> 00:38:55,150  
你看我一说我学生们都乐了  
  
1003  
00:38:56,070 --> 00:38:57,550  
你按中医的方法用  
  
1004  
00:38:57,550 --> 00:38:58,870  
你再看看有没有效  
  
1005  
00:38:59,320 --> 00:39:02,280  
你千万别别误解我说的话，你说啊  
  
1006  
00:39:02,480 --> 00:39:05,700  
说张驰老师说了说月壁汤治肾炎好了  
  
1007  
00:39:05,700 --> 00:39:06,980  
以后肾炎都把月碧汤  
  
1008  
00:39:07,100 --> 00:39:08,380  
那你提前把它煎好  
  
1009  
00:39:08,380 --> 00:39:10,300  
提前打好蛋，我再给你支个招  
  
1010  
00:39:10,900 --> 00:39:11,900  
你提前抓好  
  
1011  
00:39:11,980 --> 00:39:13,740  
你不用等患者来，你都煎上  
  
1012  
00:39:14,180 --> 00:39:17,700  
干脆做成胶囊，患者来了直接发一人一瓶  
  
1013  
00:39:18,550 --> 00:39:19,230  
那多好啊  
  
1014  
00:39:19,790 --> 00:39:21,990  
那更证明中医没有效果是不是  
  
1015  
00:39:22,910 --> 00:39:23,110  
诶  
  
1016  
00:39:23,150 --> 00:39:24,390  
那证明更快啊  
  
1017  
00:39:24,900 --> 00:39:26,940  
不是那样的，中医得看人是吧  
  
1018  
00:39:27,180 --> 00:39:29,820  
得具体看适合这个的，你就用它  
  
1019  
00:39:30,290 --> 00:39:32,050  
那还有适合防己黄芪汤的呢  
  
1020  
00:39:32,330 --> 00:39:33,250  
咱们打个比方啊  
  
1021  
00:39:33,490 --> 00:39:36,010  
那没有适合这个，这个猪苓汤  
  
1022  
00:39:36,010 --> 00:39:38,410  
五苓散肾气丸是不是啊  
  
1023  
00:39:38,410 --> 00:39:40,170  
包括银翘散不都行吗  
  
1024  
00:39:40,530 --> 00:39:41,890  
哎，讲这个道理啊  
  
1025  
00:39:44,980 --> 00:39:45,180  
呃  
  
1026  
00:39:46,940 --> 00:39:50,540  
往下走啊，脾水为病  
  
1027  
00:39:52,350 --> 00:39:55,350  
呃，脾水病他讲了一下叫四肢肿  
  
1028  
00:39:56,270 --> 00:39:58,070  
呃，水气在皮肤中  
  
1029  
00:39:59,000 --> 00:40:00,080  
四肢怎么样呢  
  
1030  
00:40:00,080 --> 00:40:04,020  
叫涅涅动，在这解释一下啊  
  
1031  
00:40:04,620 --> 00:40:06,620  
呃，这个镍呢是啥意思啊  
  
1032  
00:40:07,990 --> 00:40:09,670  
呃，说文里头讲啊  
  
1033  
00:40:10,350 --> 00:40:12,840  
叫福尔斯小语  
  
1034  
00:40:12,840 --> 00:40:16,920  
也就是趴在耳朵边上偷偷跟你说  
  
1035  
00:40:17,610 --> 00:40:20,370  
那么这种偷偷说他是不是在跟你说呢  
  
1036  
00:40:21,200 --> 00:40:21,600  
是吧  
  
1037  
00:40:21,840 --> 00:40:23,400  
但是你能不能听得很清楚呢  
  
1038  
00:40:23,640 --> 00:40:27,480  
又不能打一比方，用患者的主观感受来说  
  
1039  
00:40:28,120 --> 00:40:31,840  
他会告诉你说我四肢四肢就是手和脚嘛，对吧  
  
1040  
00:40:32,400 --> 00:40:35,490  
就好像在动，这你明白了没有  
  
1041  
00:40:35,810 --> 00:40:39,210  
就是冻得不能察觉啊  
  
1042  
00:40:39,210 --> 00:40:40,090  
不足以察觉  
  
1043  
00:40:40,690 --> 00:40:42,650  
那么大家眼皮跳没跳过  
  
1044  
00:40:43,630 --> 00:40:44,510  
就类似这种感觉  
  
1045  
00:40:44,510 --> 00:40:48,190  
你说眼皮跳，他能不能达到我跟你见面  
  
1046  
00:40:48,910 --> 00:40:49,110  
哎  
  
1047  
00:40:49,110 --> 00:40:50,750  
我看哎哥们儿，你眼皮怎么在蹦  
  
1048  
00:40:51,990 --> 00:40:53,230  
达不到这种程度吧  
  
1049  
00:40:53,230 --> 00:40:56,590  
那也有那种那种是面神经，他痉挛了是吧  
  
1050  
00:40:56,850 --> 00:41:00,250  
哎到那种程度，那么正常眼皮跳旁人是察觉不出来的  
  
1051  
00:41:00,290 --> 00:41:01,450  
但你自己能知道  
  
1052  
00:41:01,910 --> 00:41:03,790  
哎，这个这个就这种形状  
  
1053  
00:41:04,070 --> 00:41:06,150  
那么这种是什么造成的呢  
  
1054  
00:41:07,060 --> 00:41:10,380  
素问调经论中间有一段论述是这么讲的  
  
1055  
00:41:10,980 --> 00:41:11,620  
行有余  
  
1056  
00:41:11,620 --> 00:41:12,300  
不足，奈何  
  
1057  
00:41:12,460 --> 00:41:13,940  
那么这是皇帝的问对吧  
  
1058  
00:41:14,260 --> 00:41:15,140  
岐伯就告诉他了  
  
1059  
00:41:15,140 --> 00:41:18,020  
那形形形体的形，形骸的形啊  
  
1060  
00:41:18,410 --> 00:41:20,490  
那么行有余则腹胀  
  
1061  
00:41:21,490 --> 00:41:22,290  
颈叟不利  
  
1062  
00:41:22,930 --> 00:41:26,810  
那么就是肚子胀满，小便便不出来  
  
1063  
00:41:27,170 --> 00:41:29,370  
那这是讲形的层面有余是吧  
  
1064  
00:41:29,930 --> 00:41:31,050  
那么刑不足呢  
  
1065  
00:41:31,050 --> 00:41:31,850  
不足是什么呢  
  
1066  
00:41:32,290 --> 00:41:34,470  
四肢不用，血气未病  
  
1067  
00:41:35,390 --> 00:41:36,910  
五脏安定  
  
1068  
00:41:37,470 --> 00:41:38,270  
肌肉蠕动  
  
1069  
00:41:38,390 --> 00:41:40,190  
命运微风，你把这八个字  
  
1070  
00:41:41,700 --> 00:41:42,300  
系上啊  
  
1071  
00:41:47,540 --> 00:41:48,060  
肌肉  
  
1072  
00:41:53,560 --> 00:41:54,040  
蠕动  
  
1073  
00:41:58,640 --> 00:41:59,160  
命曰  
  
1074  
00:42:02,860 --> 00:42:03,420  
Three four   
  
1075  
00:42:04,960 --> 00:42:05,840  
说的很清楚吧  
  
1076  
00:42:06,400 --> 00:42:07,560  
那么他是风邪  
  
1077  
00:42:08,000 --> 00:42:10,980  
所以你就不要再问我啊，老师  
  
1078  
00:42:11,020 --> 00:42:12,420  
我左眼皮跳代表啥  
  
1079  
00:42:12,460 --> 00:42:13,700  
右眼皮跳代表啥  
  
1080  
00:42:14,620 --> 00:42:16,380  
我告诉你，代表受风了  
  
1081  
00:42:16,660 --> 00:42:17,820  
就这么简单啊  
  
1082  
00:42:18,260 --> 00:42:19,500  
但是老百姓吧  
  
1083  
00:42:19,540 --> 00:42:22,780  
他有他的那个民间的一些美好的愿景啊  
  
1084  
00:42:22,860 --> 00:42:24,350  
就是就是啊  
  
1085  
00:42:24,350 --> 00:42:28,190  
就是有一回那个我这儿来一患者，那个说我  
  
1086  
00:42:28,190 --> 00:42:29,150  
我说你啥病啊  
  
1087  
00:42:29,150 --> 00:42:31,390  
那好几年前了，说大夫我眼皮跳  
  
1088  
00:42:31,980 --> 00:42:33,500  
我当时我玩心大啊  
  
1089  
00:42:33,500 --> 00:42:36,300  
尤其我一看那个不是大病患者，我特别开心啊  
  
1090  
00:42:36,300 --> 00:42:37,300  
我就跟我就逗他  
  
1091  
00:42:37,660 --> 00:42:38,900  
我说你左边右边啊  
  
1092  
00:42:39,140 --> 00:42:41,620  
他说左边大夫，我说那你还治啥呀  
  
1093  
00:42:41,860 --> 00:42:45,020  
我说我一直想跳，我呵呵呵呵呵  
  
1094  
00:42:45,640 --> 00:42:50,000  
他说大夫跳一年了，说也没发财啊  
  
1095  
00:42:50,760 --> 00:42:51,320  
没用  
  
1096  
00:42:52,270 --> 00:42:52,750  
这个啊  
  
1097  
00:42:52,830 --> 00:42:53,750  
半半开玩笑啊  
  
1098  
00:42:53,750 --> 00:42:55,070  
就是说一个问题，呃  
  
1099  
00:42:55,070 --> 00:42:56,550  
但是老百姓说这个东西吧  
  
1100  
00:42:56,790 --> 00:42:59,640  
有的时候啊，自古天道不独秘  
  
1101  
00:43:00,000 --> 00:43:01,520  
老百姓说的一些道理  
  
1102  
00:43:01,520 --> 00:43:02,960  
它里头蕴含着大道理  
  
1103  
00:43:03,400 --> 00:43:05,200  
你细琢磨为啥这样  
  
1104  
00:43:05,400 --> 00:43:07,940  
他讲的是升降，是不是这个道理  
  
1105  
00:43:07,940 --> 00:43:09,380  
古人讲究七上八下  
  
1106  
00:43:10,300 --> 00:43:11,620  
七和八奇偶之数  
  
1107  
00:43:11,940 --> 00:43:13,620  
那么一上一下代表阴阳啊  
  
1108  
00:43:13,960 --> 00:43:15,000  
那么左为阳道  
  
1109  
00:43:15,080 --> 00:43:16,240  
右为阴道，是不是啊  
  
1110  
00:43:16,400 --> 00:43:17,640  
左右者阴阳之道路  
  
1111  
00:43:17,720 --> 00:43:20,160  
水火者阴阳之征兆没错吧  
  
1112  
00:43:20,440 --> 00:43:24,540  
那么那我们说正常是从阳化比较好一点  
  
1113  
00:43:24,540 --> 00:43:26,100  
还是从阴化比较好一点啊  
  
1114  
00:43:26,610 --> 00:43:27,730  
肯定从阳化嘛  
  
1115  
00:43:27,730 --> 00:43:31,210  
所以过去古人就讲有那个左眼为财  
  
1116  
00:43:31,210 --> 00:43:34,740  
右眼为为为灾的这个这个这个说法吗  
  
1117  
00:43:34,780 --> 00:43:36,420  
它其实应的就是这个道理  
  
1118  
00:43:36,740 --> 00:43:39,260  
那你比方说那么在秋天的时候  
  
1119  
00:43:39,660 --> 00:43:42,500  
那么左眼呃跳  
  
1120  
00:43:43,700 --> 00:43:45,340  
那么有可能不见得是好事  
  
1121  
00:43:45,340 --> 00:43:46,780  
我们在这就就就当然  
  
1122  
00:43:46,780 --> 00:43:48,420  
当然这个你不用往心里去啊  
  
1123  
00:43:48,660 --> 00:43:49,940  
我在这就说一个道理  
  
1124  
00:43:50,140 --> 00:43:53,660  
为什么秋天气机应该速降内敛了吧  
  
1125  
00:43:53,940 --> 00:43:55,060  
但是你左眼在跳  
  
1126  
00:43:55,260 --> 00:43:59,820  
那么说明那肯定是契机在在生发  
  
1127  
00:44:00,340 --> 00:44:02,300  
那这个时候没有顺着自然走  
  
1128  
00:44:02,540 --> 00:44:03,340  
那么反之  
  
1129  
00:44:03,420 --> 00:44:07,480  
春天的时候，那么左边跳可能就无妨代表气机升升  
  
1130  
00:44:07,480 --> 00:44:10,520  
举那么右边跳的多证明啥问题  
  
1131  
00:44:10,560 --> 00:44:11,320  
休息不好  
  
1132  
00:44:12,210 --> 00:44:15,610  
那么气机没升上来反而速降了，是不是这样啊  
  
1133  
00:44:16,090 --> 00:44:19,160  
那么你没休息没休息好，打一个比方  
  
1134  
00:44:19,360 --> 00:44:21,720  
那你肯定是有的时候神不守舍呀  
  
1135  
00:44:22,320 --> 00:44:27,000  
那比如说这个，这个一出门开车啪把别人追尾了  
  
1136  
00:44:27,520 --> 00:44:27,760  
哎  
  
1137  
00:44:27,760 --> 00:44:28,920  
你发现右眼跳灾  
  
1138  
00:44:30,260 --> 00:44:31,140  
是不是这个道理啊  
  
1139  
00:44:31,820 --> 00:44:32,060  
哎  
  
1140  
00:44:32,620 --> 00:44:34,580  
那么左眼呢  
  
1141  
00:44:34,580 --> 00:44:37,330  
那么生生发比较比较旺，诶  
  
1142  
00:44:37,330 --> 00:44:40,170  
那你发现这个这个可能呢  
  
1143  
00:44:40,610 --> 00:44:43,330  
最近就是工作呢，就是特别有劲儿是吧  
  
1144  
00:44:43,650 --> 00:44:46,540  
有劲头，那你工作有劲头他就有回报呗  
  
1145  
00:44:46,580 --> 00:44:47,500  
哈哈  
  
1146  
00:44:47,620 --> 00:44:48,900  
就就就就解释啊  
  
1147  
00:44:48,900 --> 00:44:51,420  
这就科学的角度去解释这些问题  
  
1148  
00:44:52,720 --> 00:44:53,800  
那么这种情况呢  
  
1149  
00:44:53,800 --> 00:44:56,640  
用什么方叫防己茯苓汤啊  
  
1150  
00:44:56,760 --> 00:44:58,200  
防己茯苓汤，呃  
  
1151  
00:44:58,480 --> 00:45:01,450  
它的核心实际上呢  
  
1152  
00:45:01,610 --> 00:45:06,490  
就在于一个什么呢  
  
1153  
00:45:11,120 --> 00:45:13,520  
就是身上跳这个问题啊  
  
1154  
00:45:13,520 --> 00:45:14,200  
我认为啊  
  
1155  
00:45:14,880 --> 00:45:19,940  
防己茯苓汤它的核心就是身上跳啊  
  
1156  
00:45:20,780 --> 00:45:23,890  
那么它和防己黄芪这俩方呢  
  
1157  
00:45:23,930 --> 00:45:28,490  
古人啊，历代把他俩作为一对对举啊  
  
1158  
00:45:28,490 --> 00:45:30,290  
从来都是拿他俩说事  
  
1159  
00:45:31,350 --> 00:45:35,730  
特别像古人认为呢，他俩同是表邪  
  
1160  
00:45:36,530 --> 00:45:37,250  
但是呢  
  
1161  
00:45:39,020 --> 00:45:40,860  
这个可以分标本啊  
  
1162  
00:45:40,860 --> 00:45:44,060  
就是同样能治疗这个水啊  
  
1163  
00:45:45,370 --> 00:45:48,010  
呃，一个治风水一个治皮水对吧  
  
1164  
00:45:49,730 --> 00:45:50,810  
那么呃  
  
1165  
00:45:51,650 --> 00:45:52,650  
这个组方呢  
  
1166  
00:45:53,330 --> 00:45:56,570  
都有黄芪和甘草  
  
1167  
00:45:57,450 --> 00:45:58,890  
黄芪，甘草是干啥呢  
  
1168  
00:45:59,750 --> 00:46:01,150  
以食代表之阳吧  
  
1169  
00:46:01,310 --> 00:46:05,930  
那无论是防己黄芪汤还是防己茯苓汤，都以食代表之阳  
  
1170  
00:46:06,450 --> 00:46:08,170  
那么只是防己黄芪汤呢  
  
1171  
00:46:08,170 --> 00:46:09,690  
你看着它特别像桂枝汤  
  
1172  
00:46:09,890 --> 00:46:10,530  
汗出恶风  
  
1173  
00:46:10,970 --> 00:46:12,170  
而防己茯苓汤呢  
  
1174  
00:46:12,170 --> 00:46:13,050  
他没有汗出风  
  
1175  
00:46:13,050 --> 00:46:15,130  
而是身上皮肤在跳的  
  
1176  
00:46:15,130 --> 00:46:16,010  
这个大家明白了吧  
  
1177  
00:46:16,330 --> 00:46:17,570  
哎，那么  
  
1178  
00:46:18,950 --> 00:46:19,150  
呃  
  
1179  
00:46:20,150 --> 00:46:21,190  
所区别者啊  
  
1180  
00:46:22,070 --> 00:46:23,770  
区别者，呃  
  
1181  
00:46:24,050 --> 00:46:25,610  
防己茯苓汤呢  
  
1182  
00:46:25,610 --> 00:46:28,130  
用的是茯苓，用茯苓干什么呀  
  
1183  
00:46:28,770 --> 00:46:29,370  
利水嘛  
  
1184  
00:46:30,250 --> 00:46:33,310  
那么防己黄芪汤用的是啥  
  
1185  
00:46:33,310 --> 00:46:34,590  
不是茯苓，是用白猪  
  
1186  
00:46:35,000 --> 00:46:37,120  
你一对比就他俩就特别清晰啊  
  
1187  
00:46:37,320 --> 00:46:38,280  
用白猪干什么  
  
1188  
00:46:38,280 --> 00:46:40,520  
白猪无非是治这个湿滞嘛  
  
1189  
00:46:40,520 --> 00:46:40,800  
对吧  
  
1190  
00:46:41,200 --> 00:46:43,120  
你湿气滞色，用用白猪  
  
1191  
00:46:43,920 --> 00:46:44,120  
呃  
  
1192  
00:46:44,560 --> 00:46:48,680  
至于这个后手啊，加减这块有有有妙用啊  
  
1193  
00:46:48,680 --> 00:46:49,960  
这块尚有精益  
  
1194  
00:46:50,330 --> 00:46:52,370  
那么防己黄芪汤用的是枣质姜  
  
1195  
00:46:52,730 --> 00:46:53,410  
你发现了吧  
  
1196  
00:46:53,890 --> 00:46:54,810  
防己茯苓汤有没有  
  
1197  
00:46:54,810 --> 00:46:55,250  
枣质姜  
  
1198  
00:46:55,690 --> 00:46:56,010  
没有  
  
1199  
00:46:56,010 --> 00:46:58,410  
但是他加了一个药，发现加谁了  
  
1200  
00:46:59,650 --> 00:47:00,010  
桂枝  
  
1201  
00:47:00,050 --> 00:47:00,290  
哎  
  
1202  
00:47:00,290 --> 00:47:01,850  
这个非常奥妙啊  
  
1203  
00:47:02,210 --> 00:47:02,930  
这个呢  
  
1204  
00:47:04,320 --> 00:47:04,960  
古人啊  
  
1205  
00:47:05,000 --> 00:47:07,240  
谁说的我在这一时语塞忘了啊  
  
1206  
00:47:07,880 --> 00:47:10,440  
呃，好像是于佳言先生还是谁  
  
1207  
00:47:11,180 --> 00:47:11,380  
呃  
  
1208  
00:47:11,660 --> 00:47:14,580  
说了这么一句话叫交接阴阳双开鬼门  
  
1209  
00:47:15,020 --> 00:47:16,620  
这个话说的拍案叫绝  
  
1210  
00:47:16,940 --> 00:47:21,380  
为什么我们说开鬼门洁净所趋于沉错讲的是皮肤  
  
1211  
00:47:21,770 --> 00:47:26,060  
那么桂枝能不能走机凑走皮肤，能吧  
  
1212  
00:47:26,380 --> 00:47:29,020  
桂枝本为解肌固始汗出欲救邪风者  
  
1213  
00:47:29,020 --> 00:47:29,820  
宜桂枝汤，对吧  
  
1214  
00:47:29,820 --> 00:47:31,060  
它本身能走肌肤  
  
1215  
00:47:31,340 --> 00:47:32,980  
但是桂枝能不能通膀胱  
  
1216  
00:47:33,940 --> 00:47:35,100  
一定能通膀胱  
  
1217  
00:47:35,420 --> 00:47:38,140  
五苓散伤寒71条还记得吧  
  
1218  
00:47:38,780 --> 00:47:41,220  
那么若脉浮小便不利  
  
1219  
00:47:41,680 --> 00:47:43,480  
微热消渴者与五苓散主治吧  
  
1220  
00:47:43,800 --> 00:47:47,600  
那么桂枝加上茯苓，它就可以通膀胱  
  
1221  
00:47:47,800 --> 00:47:48,640  
是不是这回事  
  
1222  
00:47:49,130 --> 00:47:49,330  
哎  
  
1223  
00:47:49,850 --> 00:47:50,770  
那么可以通膀胱  
  
1224  
00:47:51,130 --> 00:47:52,890  
那么所以叫双开鬼门  
  
1225  
00:47:53,930 --> 00:47:56,050  
外鬼门是皮肤，内鬼门是谁啊  
  
1226  
00:47:56,570 --> 00:47:58,730  
膀胱都可以让水去走  
  
1227  
00:47:59,090 --> 00:48:03,830  
在这我们把膀胱形容成鬼门是借用了一下这个用词  
  
1228  
00:48:03,870 --> 00:48:04,670  
大家明白了吧  
  
1229  
00:48:04,870 --> 00:48:05,070  
哎  
  
1230  
00:48:05,070 --> 00:48:07,550  
所以在这这个手法非常漂亮啊  
  
1231  
00:48:08,190 --> 00:48:09,350  
呃，所以这块呢  
  
1232  
00:48:09,350 --> 00:48:11,630  
我是用了一个对举的方式给大家讲啊  
  
1233  
00:48:11,630 --> 00:48:13,150  
重申一遍，呃  
  
1234  
00:48:13,830 --> 00:48:15,710  
黄芪和甘草以食代表之阳  
  
1235  
00:48:15,710 --> 00:48:16,870  
这是俩方都有的  
  
1236  
00:48:17,430 --> 00:48:18,710  
那么防己  
  
1237  
00:48:19,830 --> 00:48:20,870  
这个茯苓汤啊  
  
1238  
00:48:21,150 --> 00:48:24,630  
那么重用茯苓以利水，防己黄芪汤呢  
  
1239  
00:48:24,630 --> 00:48:25,990  
重用苍猪以利湿  
  
1240  
00:48:26,710 --> 00:48:30,960  
我们讲叫四那个那个散则成石，聚则成水吧  
  
1241  
00:48:31,480 --> 00:48:36,160  
是不是那么桂枝以交接阴阳双开鬼门姜枣呢  
  
1242  
00:48:36,160 --> 00:48:39,160  
以河中，这是二者之间的区别啊  
  
1243  
00:48:39,520 --> 00:48:41,280  
那么至于那个房几  
  
1244  
00:48:41,280 --> 00:48:45,760  
那就是俩药，两个方子都有这方的妙用啊  
  
1245  
00:48:45,760 --> 00:48:49,240  
那么实际上额身体的那个抽动吧  
  
1246  
00:48:49,280 --> 00:48:51,320  
那你可以去去去用一用啊  
  
1247  
00:48:52,320 --> 00:48:52,880  
包括  
  
1248  
00:48:56,780 --> 00:48:56,900  
哦  
  
1249  
00:48:56,900 --> 00:48:58,180  
我想起来是谁说的了  
  
1250  
00:48:58,580 --> 00:48:59,860  
呃，王进三先生啊  
  
1251  
00:48:59,860 --> 00:49:01,780  
就是王子街，我跟你们讲过吧  
  
1252  
00:49:02,230 --> 00:49:03,990  
叶先生的师傅啊  
  
1253  
00:49:04,310 --> 00:49:06,950  
那么他说过一句话就非常经典，呃  
  
1254  
00:49:06,990 --> 00:49:09,150  
他治太阳的叫什么呢  
  
1255  
00:49:09,550 --> 00:49:10,430  
腰痹痛  
  
1256  
00:49:18,340 --> 00:49:20,100  
审证参用两方  
  
1257  
00:49:22,100 --> 00:49:26,460  
如骨应符啊，腰臂痛  
  
1258  
00:49:37,980 --> 00:49:41,060  
额，腰就是腰部是不是  
  
1259  
00:49:41,540 --> 00:49:41,740  
哎  
  
1260  
00:49:41,740 --> 00:49:42,900  
那咱们知道太阳之脉  
  
1261  
00:49:42,940 --> 00:49:46,220  
寻神之背，甲己抵腰知足啊  
  
1262  
00:49:46,660 --> 00:49:48,540  
那么它本身在腰B呢  
  
1263  
00:49:48,540 --> 00:49:50,100  
就是必输是吧  
  
1264  
00:49:50,500 --> 00:49:51,100  
哎，必输  
  
1265  
00:49:51,580 --> 00:49:55,260  
这个就用我们今天的话说，就股骨头啊  
  
1266  
00:49:55,260 --> 00:49:56,740  
这么大家就就就明白了吧  
  
1267  
00:49:56,740 --> 00:49:58,780  
能包括胯骨这一块啊  
  
1268  
00:49:59,580 --> 00:50:00,020  
那么  
  
1269  
00:50:01,760 --> 00:50:04,120  
额，说明一个问题啊  
  
1270  
00:50:04,520 --> 00:50:05,440  
这两个方呢  
  
1271  
00:50:05,440 --> 00:50:06,320  
在治水的时候  
  
1272  
00:50:06,320 --> 00:50:08,670  
那我们就又学了一招，啊  
  
1273  
00:50:09,310 --> 00:50:10,750  
就是治这个腰痛啊  
  
1274  
00:50:11,230 --> 00:50:14,150  
那咱就不只是干姜灵珠汤啊，啊  
  
1275  
00:50:14,190 --> 00:50:14,830  
肾气呀  
  
1276  
00:50:15,370 --> 00:50:17,170  
包括葛根类方啊  
  
1277  
00:50:17,210 --> 00:50:18,570  
咱们桂枝类方啊等等啊  
  
1278  
00:50:19,050 --> 00:50:20,530  
那么还加上一个方  
  
1279  
00:50:20,810 --> 00:50:23,610  
如果是以水为主要病机的时候  
  
1280  
00:50:24,090 --> 00:50:25,690  
因为太阳为寒水之脏吧  
  
1281  
00:50:26,330 --> 00:50:26,530  
哎  
  
1282  
00:50:26,610 --> 00:50:27,810  
那么以水治水啊  
  
1283  
00:50:28,210 --> 00:50:29,730  
以水为主要病机的时候  
  
1284  
00:50:30,010 --> 00:50:33,230  
用防己二方对峙  
  
1285  
00:50:33,870 --> 00:50:34,070  
哎  
  
1286  
00:50:34,150 --> 00:50:35,750  
那么或有奇效  
  
1287  
00:50:36,730 --> 00:50:37,370  
呃行  
  
1288  
00:50:37,450 --> 00:50:38,810  
那么咱们这节课啊  
  
1289  
00:50:38,810 --> 00:50:40,410  
先上到这儿下节课呢  
  
1290  
00:50:40,490 --> 00:50:41,090  
接着聊